

Countryholic EZ

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sheila Holleman Hearne (USA) - August 2024
音樂: Countryholic - Sons of the Palomino



Note: No tags or restarts.

Part 1: TWIST 4X TO LEFT, TWIST 4X TO RIGHT

- 1- Twist both heels to the LT.
- 2- Twist both toes to the LT
- 3- Twist both heels to the LT.
- 4- Twist both toes to the LT.
- 5- Twist both toes to the RT.
- 6- Twist both heels to the RT.
- 7- Twist both toes to the RT.
- 8- Twist both heels to the RT.

Part 2: HEEL, HEEL, HEEL, HOLD, CLAP , HEEL, HEEL, HEEL.HOLD, CLAP

- 1&2&- RT heel forward, Step RT beside LT, LT forward, Step LT beside RT.
- 3- RT heel forward.
- 4- Hold position and clap.
- 5&6&- LT heel forward, Step LT beside RT, RT heel forward, Step RT beside LT.
- 7- LT heel forward.
- 8- Hold position and clap.

Part 3: STEP RT, STEP LT, SHUFFLE ON RT, ½ TURN PIVOT, SHUFFLE ON LT.

- &1,2- Step LT beside RT, Step RT forward, Step LT forward.
- 3&4- Step RT forward, Step LT beside RT, Step RT forward. (R,L,R)
- 5,6- Step LT forward, Pivot ½ turn to right placing weight on to RT.
- 7&8- Step LT forward, Step RT beside LT, Step LT forward. (L,R,L)

Part 4: STEP DIAGONALLY RT, TOUCH LT, STEP DIAGONALLY LT, TOUCH RT, ¼ PIVOT, STOMP , STOMP.

- 1,2- Step diagonally to the right with the RT, Touch the LT beside RT.
- 3,4- Step diagonally to the left with the LT, Touch the RT beside LT.
- 5,6- Step RT forward, ¼ to the left placing weight on to LT.
- 7,8- Stomp RT, Stomp LT.

Submitted by: RIC LEE - Email: maxuup@hotmail.com