Stringimi Piu Forte



拍數: 64 牆數: 2 級數: Phrased Intermediate

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音樂: Stringimi Più Forte - Giordana Angi



SEQUENCE: A,B,B,A /A restart / B,B /A restart / B,B

**2 Restarts: face to 12:00 after 28 counts on the 3rd and 4th A.

Intro: 32 counts

PARTIE A: (Part A always starts at 12:00 and always ends at 12:00)

Section 1: FULL DIAMOND RIGHT

1&2 Cross RF over LF - step LF to L side - turn 1/8 R stepping RF back [1:30]

Step LF back - turn 1/8 R stepping RF to R side - turn 1/8 R stepping LF forward [4:30]
 Step RF forward - turn 1/8 R stepping LF to L side - turn 1/8 R stepping RF back [7:30]
 Step LF back - turn 1/8 R stepping RF to R side - turn 1/8 R stepping LF forward [10h30]

Section 2: CROSS SAMBA R & L- R DIAGONAL ROCK STEP FWD, RECOVER - R BACK FULL TURN

1&2 Cross RF over LF - step LF to L side - Step RF slightly forward
 3&4 Cross LF over RF - step RF to R side - Step LF slightly forward

5-6 Right foot forward diagonally on to L \(\times(\text{with body weight on RF})\) - Recover weight on to LF

[10h30]

7-8 Make ½ turn to the right + step RF forward [4:30] – Make ½ turn to the right + step LF back

[10h30]

Section 3: R LUNGE with arms movement - R BACK FULL TURN- COASTER STEP with 1/8 T (diagonally to the right: Lunge on 4 accounts)

1-2 Make ¼ turn to the right >- [1:30] Step RF forward (with body weight on RF) and bend the R

leg, L leg extended back

(arm movement : raise your head and raise both arms sideways, palms facing up [of 2 time])

3-4 Recover weight on to LF [of 2 time])

(arm movement : finished raising the arms forward as if to dive and lowering the arms pulling them towards the body, lowering the head)

5-6 Make ½ turn R stepping RF forward [7:30] + make ½ turn R stepping LF back [1:30]

(easy option: Step back RF- Step back LF always diagonally)

7&8 Step back RF - Step left next to right with 1/8 turn to right- Step RF forward [3:00]

Section 4 : L ROCK STEP FWD RECOVER- $\frac{1}{4}$ turn to L, CHASSE- R CROSS SAMBA – L CROSS – R BRUSH

1-2 Rock left forward - Recover weight onto right

3&4 Make ¼ turn to L - Step left to left - step right beside left - step left to left [12:00]

THE 2 RESTARTS ARE HERE (facing 12:00): 1st restart at 3 rd A- 2nd restart at 4th A

5&6 Cross RF over LF - step LF to L side - Step RF slightly forward
 7-8 Cross LF over RF - Brush the floor with the sole of RF forward

PARTIE B:

Section 1: R CROSS ROCK RECOVER- R TRIPLE FULL TURN- L ROCK RECOVER – JUMP BACK L&R- L BACK

1-2 Slightly cross rock right over left - recover weight onto left

3&4 Triple full turn right stepping right left right
5-6 Rock forward on left – recover weight onto right

&7-8 Jump back and out on left, Jump back and out on right- Step back LF

Section 2: SAILOR STEP R & L - R CROSS ROCK RECOVER - 1/4 T WALKS R & L

1&2	Cross right behind left - Step left to left side- Step right to right side
3&4	Cross left behind right- Step right to right side- Step left to left side

5-6 Cross rock right over left - recover weight onto left

7-8 Make ¼ turn to R - Walk forward RF –Walk forward LF [3H00]

Section 3: ANCHOR STEP-SWEEP BACK-SWEEP BACK-COASTER STEP -R STEP TURN ½ to L

1&2 Lock right behind left - Step weight onto left - Step slightly back on right

&3&4 sweeping LF back and forth - back LF - Sweeping RF back and forth - Back RF

5&6 Step back on left - Step right next to left- Step forward on left

7-8 Right step forward- Turn ½ left [9H00]

Section 4: R STEP FWD- PIVOT 1/4 to L- CROSS SHUFFLE- L SIDE ROCK RECOVER- L CROSS – R BRUSH

1-2 Right step forward- Turn 1/4 left [6:00]

3&4 Cross right over left - Step left to left - Cross right over left

5-6 Rock left to left side- recover weight onto right

7-8 Cross LF over RF – Brush the floor with the sole of RF forward

HAVE FUN & ENJOY !!!