AB Modern Cinderella



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Charlotte Steele (SA) - August 2024 音樂: Cinderella Girl - Modern Talking



This dance can be done as a floor split with Improver level dance, Modern Cinderella. Intro: 16 counts after start of introductory music.

Sec.1 Side-Together, Side-Touch: R-L

1-2	Step R to right side, step L next to R
3-4	Step R to right side, touch L next to R
5-6	Step L to left side, step R next to L

7-8 Step L to left side, touch R next to L (12:00)

Sec.2 Rumba Box Back-Scuff.

1-2	Step R to right side, step L next to R
3-4	Step R back, touch L next to R
5-6	Step L to left side, step R next to L
7-8	Step L forward, scuff R forward (12:00)

Sec.3 K-Step, Scuff.

1-2	Step R forward to right diagonal, touch L next to R
3-4	Step L back to left diagonal, touch R next to L
5-6	Step R back to right diagonal, touch L next to R
7-8	Step I forward to left diagonal, scuff R forward (12:00

Sec.4 Rocking Chair. Jazz Box 1/4 Turn Right. (***1-wall Option)		
1-2	Rock/step forward on R, recover back onto L	
3-4	Rock/step back on R, recover forward onto L (12:00)	
5-6	Cross step R over L, step L back	
7-8	Turn ¼ right and step R to right side, step L forward (3:00)	

Start Again

EASY TAGS: There is a 4-count musical bridge at the end of Wall 4 and Wall 8. Either HOLD FOR 4 COUNTS - or 1-2 SWAY RIGHT-HOLD; 3-4 SWAY LEFT-HOLD - then restart the dance.

***OPTION: Instructors could start off teaching this dance as a 1-WALL DANCE by eliminating the 1/4 turn in the Jazz Box.

Once the class feels confident, add in the 1/4 turn to make it a 4-WALL DANCE.

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