

Your Heart Turned Left

拍數: 32 牆數: 4 級數: Beginner
編舞者: Hiroko Carlsson (AUS) - August 2024
音樂: Your Heart Turned Left (And I Was On The Right) - George Jones :
(Spotify/YouTube Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

Note: There are several versions of this song. Please restart to adjust the dance to flow well with the song

[S1] Heel Strut R-L, Fwd Mambo, Back-Lock-Back, Coaster Step

1&2& Touch R heel forward, Drop R heel down, Touch L heel forward, Drop L heel down
3&4 Mambo rock forward on R, Replace weight on L, Step back on R
5&6 Step back on L, Rock/cross R over L, Step back on L
7&8 Step back on L, Replace weight on R, Step forward on L

[S2] Paddle 1/4L, Cross Shuffle, Rumba Back

1 2 Step forward on L, Make a ¼ turn left recover weight on R (3:00)
3&4 Cross L over R, Step R close, Cross L over R
5&6 Step R to the side, Step L next to R, Step back on R
7&8 Step L to the side, Step R next to L, Step forward on L

[S3] R Broncos, Side Mambo, L Broncos, Side Mambo

1&2& Touch R to the side, Hitch R knee across L, Touch R to the side, Hitch R knee across L
3&4 Mambo rock R to the side, Replace weight on L, Step R together
5&6& Touch L to the side, Hitch L knee across R, Touch L to the side, Hitch L knee across
7&8 Mambo rock L to the side, Replace weight on R, Step L together

[S4] Fwd Coaster, Coaster Step, Step-Pivot 1/2L w/ Dip, Coaster Step

1&2 Step forward on R, Step L next to R, Step back on R
3&4 Step back on L, Step R next to L, Step forward on L
5 6 Step forward on R, Make a ½ turn left sit back (dipping down) on R (9:00)
7&8 Step back on L, Step R next to L, Step forward on L

Ending suggestion: The last wall starts facing 6:00. Dance until Section 2, count 2 (9:00). Adjust the cross shuffle to- Cross L over R (3), Make a ¼ turn right stepping forward on R (&), Step forward on L (4) (12:00).

(updated: 20/Aug/24)