

# Lifetime Waltz

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 48      牆數: 4      級數: Improver - waltz  
編舞者: Jim McCaw (UK) - August 2024  
音樂: Dance Of A Lifetime - Drake Milligan



## #24 Count Intro.

### SECTION ONE: TWINKLE LEFT AND RIGHT.

1,2,3      Cross right over left, recover on left,step right to right.  
4,5,6      Cross left over right,recover on right,step left to left.

### SECTION TWO: BACK TWINKLE,CROSS,SIDE,RECOVER.

1,2,3      Step right back,step left 1/4 left,step right beside left.( 6 o'clock).  
4,5,6      Cross left over right turning 1/4 left,step right to right, touch right beside left

### SECTION THREE: SIDE,DRAG,TOUCH,FULL TURN RIGHT,(6 O'CLOCK).

1,2,3      Step long step to left,drag right in to left, touch right beside left.  
4,5,6      Step right 1/4 right,step left 1/4 right,step right 1/2 turn right onto right. (6 o'clock).

### SECTION FOUR: BASIC WALTZ FORWARD,BASIC WALTZ BACK WITH 1/4TURN LEFT.

1,2,3      Step left forward, step right beside left, step left back.  
4,5,6      Step right back, step left 1/4 left, touch right beside left,(3 o'clock).

### SECTION FIVE: BASIC WALTZ FORWARD, BASIC WALTZ BACK WITH 1/2 TURN LEFT.

1,2,3      Step forward right,step left beside right,step right back,  
4,5,6      Step left 1/2 turn left,step right beside left,step left forward.(9 o'clock)

### SECTION SIX: BASIC WALTZ FORWARD, BACK,1/4 TURN,CROSS.

1,2,3      Step right forward,step left beside right,step right back.  
4,5,6      Step left back,step right 1/4 right,cross left over right.(12 o'clock)

### SECTION SEVEN: SIDE, DRAG,TOUCH,FULL TURN RIGHT.

1,2,3      Step right long step to right,drag left beside right touch left beside right.  
4,5,6      Step left 1/4 turn left, step right 1/4 turn left,step left 1/2 turn left.

### SECTION EIGHT: LEFT TWINKLE,RIGHT TWINKLE WITH 1/4 TURN LEFT.

1      ;2;3: Cross right over left,recover on left,step right to right.  
4,5,6      Cross left over right,step right to right, step left 1/4 left.

**RESTART: WALL THREE: RESTART AFTER SECTION ONE.**

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