Modern Cinderella



拍數: 32 牆數: 4 級數: Improver

編舞者: Charlotte Steele (SA) - August 2024 音樂: Cinderella Girl - Modern Talking



OPTION 1: 16 count, 1 wall INTRO DANCE, followed by 32 count, 4 wall MAIN DANCE.

OPTION 2: 32 count, 4 wall MAIN DANCE only.

INTRO DANCE: Start on heavy beat [+-6 seconds into the track]. This section is danced once only.

[1-16] Forward Cross-Point x2. Back Cross-Point x2. Step-Pivot 1/2 left x2. Rocking Chair.

1-4 Cross R over L, point L to left side, cross L over R, point R to right side
5-8 Cross R behind L, point L to left side, cross L behind R, point R to right side
9-12 Step R forward, pivot ½ left (6:00), step R forward, pivot ½ left (12:00)

13-16 Rock forward on R, recover back onto L, rock back on R, recover forward onto L

MAIN DANCE: Start on heavy beat after 16 counts of introductory music.

Sec.1 Syncopated Rumba Box

1-2	Ston D to	right side	cton I	novt to D
1-2	Step R to	right side.	Step L	next to R

3&4 Step R forward, step L next to R, step R forward

5-6 Step L to left side, step R next to L

7&8 Step L back, step R next to L, step L back (12:00)

Sec.2 R Back Rock-Recover. Shuffle 1/2 Turn Left. L Back Rock-Recover. 1/4 Turn Right x 2.

1-2 Rock back on R, recover forward onto L

3&4 Turn ½ left stepping back on R, step L next to R, step R back (6:00)

5-6 Rock back on L, recover forward onto R

7-8 Turn ¼ right stepping back on L (9:00), turn ¼ right stepping R to right side (12:00)

Sec.3 L Cross Rock-Recover. Full Turn Triple Left. R Cross Rock-Recover. Chasse Right.

1-2 Cross rock L over R, recover back onto R

Turn ¼ left stepping fwd on L, turn ½ left stepping back on R, turn ¼ left stepping L to side**

(12:00)

5-6 Cross rock R over L, recover back onto L

7&8 Step R to right side, step L next to R, step R to right side (12:00)

**Option for non-turners, counts 3&4: Chasse Left (Step L to side, step R next to L, step L to side 12:00)

Sec.4 Weave 1/4 Right. Step-1/2 Turn Right. Cross Shuffle LRL.

1-2 Cross step L over R, step R to right side (12:00)

3-4 Step L behind R, turn ¼ right stepping forward on R (3:00) 5-6 Step forward on L, turn ½ right stepping forward on R (9:00)

7&8 Cross step L over R, small step R to right side, cross step L over R (9:00)

Start Again

TAG: There is a 4-count tag at the end of wall 4 and wall 8:

Gently SWAY R-L-R-L, OR simply HOLD for 4 counts, then restart the dance.

Dance ends on count 8 on wall 11 facing 6:00.

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