Mama Loco



拍數: 32 牆數: 4 級數: Beginner

編舞者: Malene Jakobsen (DK) - August 2024

音樂: Loco - Justin Quiles, Chimbala & Zion & Lennox: (iTunes)



Intro: 64 counts from the beginning 30 sec. seconds into track - dance begins with weight on R

[1-8] Cross, side, kick, ball, weave

1-2 (1) Cross L over R, (2) step R to R 12.00

3-4 (3) Kick L diagonally L, (4) step L next to R 12.00

5-6-7-8 (5) Cross R over L, (6) step L to L, (7) cross R behind L, (8) step L to L 12.00

[9-16] Cross, side, kick, ball, weave

1-2 (1) Cross R over L, (2) step L to L 12.00

3-4 (3) Kick R diagonally R, (4) step R next to L 12.00

5-6-7-8 (5) Cross L over R, (6) step R to R, (7) cross L behind R, (8) step R to R 12.00

[17-24] Cross points

1-2-3-4 (1) Cross L over R, (2) point R to R, (3) cross R over L, (4) point L to L 12.00 (5) Cross L over R, (6) point R to R, (7) cross R over L, (8) point L to L 12.00

[25-32] Jazz box 1/4 with cross, side, touch, side, hold

1-2-3-4 (1) Cross L over R, (2) turn 1/4 L stepping back on R, (3) step L to L, (4) cross R over L 9.00

5-6-7-8 (5) Step L to L, (6) touch R next to L, (7) stomp R to R, (8) hold 9.00