

Michael Jackson Step

拍數: 64 牆數: 2 級數: Phrased Intermediate
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音樂: Step - LAY



Intro: 16 count (approximately 00:09)

SEQUENCE : A, B, A, A, A, A, A, A, B, TAG, A□ (with change steps)

NOTE : START DANCING WALL 1 FACING BACK WALL (6:00)

PART A. (32 count) – Start facing back wall (6:00)

A1. V STEP, WALK FORWARD, FORWARD LOCK SHUFFLE

1-4 Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together (6:00)
5-6 Step R forward – Step L forward
7&8 Step R forward – Lock L behind R – Step R forward

A2. V STEP, WALK BACK, COASTER STEP

1-4 Step L diagonal forward – Step R diagonal forward – Step L back to center – Step R together (6:00)
5-6 Step L back – Step R back
7&8 Step L back – Step R together – Step L forward

A3. FORWARD ROCK, COASTER STEP, PIVOT 1/2 TURN RIGHT, FORWARD LOCK SHUFFLE

1-2 Rock R forward – Recover on L (6:00)
3&4 Step R back – Step L together – Step R forward
5-6 Step L forward – Turn 1/2 right weight on R (12:00)
7&8 Step L forward – Lock R behind L – Step L forward

A4. KICK BALL TOUCH, JAZZBOX

1&2 Kick R forward – Step R together – Touch L to side (12:00)
3&4 Kick L forward – Step L together – Touch R to side
5-8 Cross R over L – Step L back – Step R to side – Step L forward

PART B. (32 count) – This part always done facing 12:00

B1. WALK FORWARD, HOLD WITH SNAP FINGERS

1-4 Step R forward – Hold and snap R fingers to the side – Step L forward – Hold and snap R fingers to the side (12:00)
5-8 Step R forward – Hold and snap R fingers to the side – Step L forward – Hold and snap R fingers to the side

B2. BIG STEP BACK, DRAG, TOGETHER, STEP FORWARD, DRAG, TOGETHER

1-4 Big step R back – Drag L toward R within 2 count – Step L together (12:00)
5-8 Big step R forward – Drag L toward R within 2 count – Step L together

B3. MICHAEL JACKSON MOONWALK

1-4 Step R back – Step L back – Step R back – Step L back (12:00)
5-8 Step R back – Step L back – Step R back – Step L together

Note : Do NOT lift foot from the floor while doing this MJ moonwalk

B4. FORWARD, TOUCH, BACK, TOUCH

1-4 Step R forward – Touch L to side – Step L forward – Touch R to side (12:00)
5-8 Step R back – Touch L to side – Step L back – Touch R to side

REPEAT

TAG. (4 COUNT) : End of 2nd round of PART B

TOUCH AND POSE

1-4 Touch R together bend knees and put R hand on front head and L hand diagonal back upward

ENDING: Change A.4 in the last PART. A to the steps below

PIVOT 1/2 TURN LEFT, FORWARD LOCK SHUFFLE, FORWARD ROCK, COASTER STEP

1-2 Step R forward – Turn ½ left weight on L

3&4 Step R forward – Lock L behind R – Step R forward

5-6 Rock L forward – Recover on R

7&8 Step L back – Step R together – Step L forward then make a Pose

For more info about step sheet & song, please contact:

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