

# Wasted Time

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Wasted Days and Wasted Nights - Freddy Fender



**NO TAG & NO RESTART**  
**START ON WORD "NIGHTS"**

## S1. LINDY STEP, ¼R. LINDY STEP

1&2.            Step RF to R side, Step LF next to RF, Step RF to R side  
3 4.            Rock LF behind RF, Recover on RF  
5&6.            Step LF to L side, Step RF next to LF, Step LF to L side  
7 8.            Turn ¼R. Step back on RF, Recover on LF

## S2. SIDE - BEHIND - CHASSE, ¼L. MODIFIED JAZZ BOX

1 2.            Step RF to R side, Cross LF behind RF  
3&4.            Step RF to R side, Step LF next to RF, Step RF to R side  
5 6            Cross LF over RF, Turn ¼L. Step back on RF  
7&8.            Step LF to L side, Step RF next to LF, Step LF to L side

## S3. CROSS SHUFFLE - ½L. CROSS SHUFFLE, CROSS SHUFFLE- ½ L. CROSS SHUFFLE

1&2.            Cross RF over LF, Lock LF slightly L side, Cross RF over LF  
3&4.            Turn ½L. Cross LF over RF, Lock RF slightly R side, Cross LF over RF  
5&6.            Cross RF over LF, Lock LF slightly L side, Cross RF over LF  
7&8.            Turn ½L. Cross LF over RF, Lock RF slightly R side, Cross LF over RF

## S4. FORWARD SHUFFLE , FORWARD ROCK - RECOVER, ½L. FORWARD SHUFFLE , ¼ L. SWAY R/L

1&2.            Step RF forward, Step LF next to RF, Step RF forward  
3 4.            Rock LF forward, Recover on RF  
5&6.            Turn ½L. Step LF forward, Step RF next to LF, Step LF forward  
7 8.            Turn ¼L. Step RF to R while sway R/L

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