

Bitty, Boppy, Betty

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Paul McQueen (AUS) - 15 August 2024
音樂: Bitty Boppy Betty - Pink Martini



Original Position: Feet Together Weight On Left Foot

INTRODUCTION - 24 BEATS

STEP FORWARD, HEEL TWISTS, STEP FORWARD, HEEL TWISTS

1, 2, Step Forward On R, To The Right Diagonal, Stomp L Next To R,
3, 4 Heel Twists: Twist Both Heels Left, Twist Heels Right,
5, 6, Step Forward On L, To The Left Diagonal, Stomp R Next To L,
7, 8 Heel Twists: Twist Both Heels Right, Twist Heels Left, (12.00)
(For A Harder Version Jump Instead Of Step Forward & Twist With Arm Movements)

BACK TOUCH, BACK TOUCH, OUT, IN, HEEL, HOOK

1, 2, Step R Back At 45o, Touch L Next To R,
3, 4, Step L Back At 45o, Touch R Next To L,
5, 6, Touch R To Right, Touch R Next To L,
7, 8 Touch R Heel Forward At 45o, Hook R Foot Across L Shin, (12.00)

SIDE SHUFFLE, BACK, ROCK, VINE TO LEFT, ¼ TURN & HITCH

1&2, Side Shuffle To Right Step: R-L-R,
3, 4, Step L Back, Rock Forward Onto R,
5, 6, Step L To The Left, Step R Behind L,
7, 8 Turn 90o Left, Step L Forward, Hitch R Knee, (9.00)

STEP RIGHT, TOUCH L IN-OUT-IN, STEP LEFT TOUCH R, STEP RIGHT STOMP L,

1, 2, Step R To Right Side, Touch L Toe Next To R,
3, 4, Touch L Toe Out To Left Side, Touch L Toe Next To R
5, 6, Step L Foot To Left Side, Touch R Toe Next To L,
7, 8. Step R To Right Side, Stomp L Next To R, Taking Weight On L (9.00)

[32] Repeat The Dance In The New Direction

No Tags, No Restarts

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DATE: 14TH August 2024

Last Update: 15 Aug 2024
