

I've Got the Habit

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Low Improver
編舞者: Roger Neff (USA) - August 2024
音樂: Honky Tonk Habits - Emilio



No Tags or Restarts

Intro: 24 counts

[1-8] Step to R, Drag LF up to RF, Side Shuffle to R, Rock back on LF, Recover, Kick-Ball-Step

1-2,3&4 Step to R, Drag LF up to RF, Side Shuffle to R

5-6,7&8 Rock back on LF, Recover on RF, Kick-Ball-Step

[9-16] Step Forward on LF, Turn ¼ to R and Cross Shuffle, Step to R, Drag LF up to RF, Shuffle to R

1-2,3&4 Step Forward on LF, Turn ¼ to R, Cross Shuffle LRL

5-6,7&8 Step to R, Drag LF up to RF, Side Shuffle to R

[17-24] Step L over R, Step to R, Sailor Step with ¼ L Turn, Shuffle RLR, Shuffle LRL in ½ Circle Over L Shoulder OPTION: Instead of shuffles, Walk RLRL. (6:00)

1-2,3&4 Step LF over RF, Step to R, Sailor Step with ¼ Turn to L

5&6,7&8 Shuffle RLR, Shuffle LRL making ½ turn over L Shoulder (6:00)

[25-32] Cross-Point R over L, Back Cross-Point L over R, Back Cross-Point R over L, Cross Shuffle to R

1-2-3-4 Step RF over LF, Point L Toe, Step back on LF, Point R Toe to R

5-6,7&8 Step Back on RF, Point L Toe to L, Cross Shuffle to R

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