I Like The Way You Move It



拍數: 32 牆數: 4 級數: Low Intermediate

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音樂: Movin' - David Archuleta



Intro: 16 counts in (Approx 0.10 sec)

Notes: There are 2 Restarts. Restart 1 happens on Wall 3 after 8 counts. Restart 2 happens on Wall 7 after 16 counts.

#1 (1-8) R-L Forward Walk, R-L English Cross, L-R-L Forward & Back Rocking Steps, R Pivot ½ (L)

1-2 Weight on LF: Walk forward on RF and LF (1-2) 12.00

&3-4 Turn ¼ L stepping RF to R side (&), cross LF over RF (3), turn ¼ R stepping RF forward (4)

12.00

5-7 Rock LF forward (5), rock RF backward (6), rock LF forward (7) 12.00

8& Step RF forward (8), turn ½ L over L shoulder (&) *** 6.00

Restart here on Wall 3. Begin the dance again, facing 12.00 o'clock.

#2 (9-16) ½ (L) with R Back, ¼ (L) with L Side, R Close & L Heel Grind, L Behind, R Side, L Cross, ¼ (R) with R Forward, ¼ (R) with L Side, R Sailor ¼ (R)

1-3 Turn ½ L stepping RF back (1), turn another ¼ L stepping LF to L side (2), close RF beside

LF while grinding L heel with L toes fanning to L side (3) 9.00

4&5 Cross LF behind RF (4), step RF to R side (&), cross LF over RF (5) 9.00

6-7 Turn ¼ R stepping RF forward (6), turn another ¼ R stepping LF to L side (7) 3.00

8& Turn ¼ R crossing RF behind LF (8), step LF to L side (&) *** 6.00

Restart here on Wall 7. Begin the dance again, facing 3.00 o'clock.

#3 (17-24) R-L Forward, R Forward Kick, R-L Out Steps, R Hitch, L-R Stationary Groovy Steps

1-2 Step forward on RF and LF (1-2) 6.00

3&4& Kick RF forward (3), step RF to R side (&), step LF to L side (4), lift R knee beside LF (&)

6.00

5-8 Step RF in place grinding L heel (5), step LF in place grinding R heel (6), step RF in place

grinding L heel (7), step LF in place grinding R heel (8) 6.00

#4 (25-32) R Behind, L Side, R Cross, L Syncopated Scissors Cross, R Modified Reversed Rolling Vine (L), L Recover & ¼ (L) with R Back Flick

1&2 Cross RF behind LF (1), step LF to L side (&), cross RF over LF (2) 6.00 &3-4 Step LF to L side (&), close RF beside LF (3), cross LF over RF (4) 6.00

5-8 Turn ¼ L stepping RF back (5), turn ½ L stepping LF forward (6), turn ¼ L rocking RF to R

side (7), recover weight on LF while turning 1/4 L and flicking RF back (8) 3.00