Saltwater Gospel

級數: Beginner

編舞者: Ric Lee (USA) - January 2024

音樂: Saltwater Gospel (Fins Up Version) - Eli Young Band & Jimmy Buffett

Note: No tags or restarts.

拍數: 32

Part 1: STEP, STEP, SHUFFLE, STEP, STEP, SHUFFLE

- Step RT forward. 1-
- 2-Step LT forward.
- 3&4-Shuffle (R,L,R).
- 5-Step LT forward.
- 6-Step RT forward.
- 7&8-Shuffle (L,R,L).

Part 2: ROCK, RECOVER, SHUFFLE ½ TURN, SHUFFLE ½ TURN, ROCK, RECOVER.

- 1-Rock forward on RT.
- 2-Recover back on LT.
- 3&4-Shuffle back making a ¹/₂ turn clockwise direction (R,L,R).
- Shuffle back making a ¹/₂ turn clockwise direction (L,R,L). 5&7-
- 7-Rock back on RT.
- 8-Recover on LT.

Part 3: FOUR SAILOR STEPS, WHILE DRIFTING BACKWARDS.

- Sailor step RT (R,L,R), Drift backwards. 1&2-
- 3&4-Sailor step LT (L,R,L), Drift backwards.
- 5&6-Sailor step RT (R,L,R), Drift backwards.
- 7&8-Sailor step LT (L,R,L), Drift backwards.

Part 4: RT FORWARD, CLAP, LT FORWARD, CLAP, RT FORWARD, CLAP, LT FORWARD, CLAP (ALL IN PLACE)

- 1-RT forward. 2-Clap. &3-RT moves back as LT moves forward. 4-Clap. LT moves back as RT moves forward. &5-6-Clap. &7-RT moves back as LT moves forward.
- 8-Clap.

Repeat





牆數: 1