

How Forever Feels

拍數: 40 牆數: 4 級數: Intermediate / Advanced
編舞者: Doug Pytlik (USA) & Angela Pytlik (USA) - August 2024
音樂: How Forever Feels - Kenny Chesney



First 4 counts:

- 1 Point right foot forward
- 2 Point right foot out to the right
- 3&4 Coaster step leaving weight on right foot (Right, left, right)

(5-8) Repeat first 4 counts with left foot:

- 1 Point forward with left foot
- 2 Point out to left
- 3&4 Coaster step leaving weight on left foot (left, right, left)

(9-16) TOUCH SIDE AND SIDE AND SIDE, KICK ¼ TURN RIGHT, ROCK BACK, SHUFFLE FORWARD

- 1&2 Right foot to right side, step right next to left as you touch left foot to left side
- &3-4 Step left next to right as you touch right foot to right side, turn ¼ turn right as you kick right foot forward
- 5-6 Rock back on right and forward on left
- 7&8 Shuffle forward - right, left, right

(17-20) Left foot shuffle:

- 1 Step forward with left foot
- 2, 3&4 Shuffle right, left, right leaving weight on left foot

(21-24) Toe Struts

- 1,2 Step forward with right toes and heel elevated. Pause for the 2nd count
- 3,4 Step forward with left toes, heel elevated. Pause for the 4th count

[25-32] Counts Shuffle right, Shuffle left

- 1 Step forward with right foot
- 2, 3&4 Shuffle forward (left, right, left) Leaving weight on right foot
- 5 Step forward with left foot
- 6,7&8 Shuffle forward right, left, right - Leaving weight on left foot

(33-36) Toe points with cross

- 1,2 Step out with right foot then cross in front of the left in front of you
- 3,4 Repeat with left - Point out with left foot and cross in front of the right foot in front of you

(37-40) Monterey with 1/2 turn clockwise to the right

- 1,2 Step out with right foot then step back together with the left foot as you 1/4 turn
- 3,4 step out with left foot and step back together with the right foot as you quarter turn again

The 2 restarts occur after count 32 at the beginning of verse 2 and 3 of the song
(Second series of shuffles following the Toe struts)