

Still the Same

拍數: 96 牆數: 2 級數: Phrased Intermediate / Advanced
編舞者: Proverbio Massimiliano (IT) - August 2024
音樂: Still the Same - Sugarland



Sequence: A16 count RESTART-A-B-B-A-B-B-C-B-B-B

PART A: 32c

TOE, HEEL, STOMP, HOLD, CLAP, COASTER STEP, ROCK,

1&2 Toe R beside L, heel R beside L, stomp R forward
3-4 Hold, Clap
5&6 Step R back, step L beside R, step R forward
7-8 Rock L forward, recover weight on R

ROCK TURN, COASTER STEP, SCISSOR STEP, STEP DIAGONALLY, SLIDE STOMP

1-2 Rock back turn ½ on the left, recover weight on R
3&4 Step L back, step R beside L, step L forward
5&6 Step R to right, step L beside R, cross R front L
7-8 Step L diagonally forward, slide R next to L stomp R next to L

SCISSOR STEP, WEAVE, SCISSOR STEP, WEAVE, SCISSOR STEP

1&2 Step L to left, step R beside L, cross L front R
&3&4 Step R to right side, cross L behind R, step R to right side, cross L front R
5&6 Step R to right, step L beside R, cross R front L
&7&8 Step L to left side, cross R behind L, step L to left side, cross R front L

SCISSOR STEP, SCUFF X2, ROCK RECOVER STEP BACK, COASTER STEP

1&2 Step L to left, step R beside L, cross L front R
&3&4 Scuff R to side right, step R to right, scuff L to side left, step L forward
5&6 Rock R forward, recover weight on L, step R behind
7&8 Step L back, step R beside L, step L forward

PART B: 32c

STEP, SLIDE, STOMP, KICK BALL CROSS, SCISSOR STEP X2

1-2 Step R diagonally forward, slide L stomp up beside R
3&4 Kick L diagonally forward to L, step L beside R, cross R over L
5&6 Step L to left, step R beside L, cross L front R
7&8 Step R to right, step L beside R, cross R front L

STEP, SLIDE, STOMP, KICK BALL CROSS, SCISSOR STEP X2

1-2 Step L diagonally forward, slide R stomp up beside L
3&4 Kick R diagonally forward to R, step R beside L, cross L over R
5&6 Step R to right, step L beside R, cross R front L
7&8 Step L to left, step R beside L, cross L front R

SCUFF, STEP, SCUFF, STEP, GRAPEVINE, SCUFF, STEP, SCUFF, STEP, GRAPEVINE

&1&2 Scuff R to side right, step R to right, scuff L to side left, step L to left
&3&4 Scuff R to side right, step R to side, cross L behind R, step R to side right
&5&6 Scuff L to side left, step L to left, scuff R to side right, step R to right
&7&8 Scuff L to side left, step L to side, cross R behind L, step L to side left

ROCK RECOVER, STEP BACK, COASTER STEP, STEP TURN, FULL TURN

1&2 Rock R forward, recover weight on L, step R behind

3&4 Step L back, step R beside L, step L forward
5-6 Step R forward, turn ½ on the left and weight on L
7-8 Turn ½ on the left and step R back, turn ½ on the left and step L forward

PART C (X2) (32count)

JUMP SIDE ROCK R, STOMP UP L, COASTER STEP (X2)

&1&2 Jump side rock R to side right, stomp up L beside R, jump side rock L to side left, stomp up R beside L
3&4 Step R back, step L beside R, step R forward
&5&6 Jump side rock L to side left, stomp up R beside L, jump side rock R to side right, stomp up L beside R
7&8 Step L back, step R beside L, step L forward

JUMP SIDE ROCK R, STOMP UP L, JUMP SIDE ROCK L, STOMP UP R, COASTER SCUFF, STEP TURN, FULL TURN

&1&2 Jump side rock R to side right, stomp up L beside R, jump side rock L to side left, stomp up R beside L
3&4 Step R back, step L beside R, scuff R forward
5-6 Step R forward, turn ½ on the left and weight on L
7-8 Turn ½ on the left and step R back, turn ½ on the left and step L forward

HAVE FUN Contact: provestyle@libero.it
