Still the Same



拍數: 96 編數: 2 級數: Phrased Intermediate / Advanced

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音樂: Still the Same - Sugarland



Sequence: A16 count RESTART-A-B-B-A-B-B-C-B-B-B

PART A: 32c

TOE, HEEL, STOMP, HOLD, CLAP, COASTER STEP, ROCK,

1&2 Toe R beside L, heel R beside L, stomp R forward

3-4 Hold, Clap

5&6 Step R back, step L beside R, step R forward

7-8 Rock L forward, recover weight on R

ROCK TURN, COASTER STEP, SCISSOR STEP, STEP DIAGONALLY, SLIDE STOMP

1-2 Rock back turn ½ on the left,recover weight on R
3&4 Step L back, step R beside L, step L forward
5&6 Step R to right, step L beside R, cross R front L

7-8 Step L diagonally forward, slide R next to L stomp R next to L

SCISSOR STEP, WEAVE, SCISSOR STEP, WEAVE, SCISSOR STEP

1&2 Step L to left, step R beside L, cross L front R

&3&4 Step R to right side, cross L behind R, step R to right side, cross L front R

5&6 Step R to right, step L beside R, cross R front L

&7&8 Step L to left side, cross R behind L, step L to left side, cross R front L

SCISSOR STEP.SCUFF X2, ROCK RECOVER STEP BACK, COASTER STEP

1&2 Step L to left, step R beside L, cross L front R

&3&4 Scuff R to side right, step R to right, scuff L to side left, step L forward

Rock R forward, recover weight on L, step R beindStep L back, step R beside L,step L forward

PART B: 32c

STEP, SLIDE, STOMP, KICK BALL CROSS, SCISSOR STEP X2

1-2 Step R diagonally forward, slide L stomp up beside R

3&4 Kick L diagonally forward to L, step L beside R, cross R over L

Step L to left, step R beside L, cross L front R
Step R to right, step L beside R, cross R front L

STEP, SLIDE, STOMP, KICK BALL CROSS, SCISSOR STEP X2

1-2 Step L diagonally forward, slide R stomp up beside L

3&4 Kick R diagonally forward to R, step R beside L, cross L over R

Step R to right, step L beside R, cross R front L
Step L to left, step R beside L, cross L front R

SCUFF, STEP, SCUFF, STEP, GRAPEVINE, SCUFF, STEP, SCUFF, STEP, GRAPEVINE

&1&2
&3&4
&5 cuff R to side right, step R to right, scuff L to side left, step L to left
&5&6
&5 cuff L to side left, step L to left, scuff R to side right, step R to right
&7&8
Scuff L to side left, step L to side, cross R behind L, step L to side left

ROCK RECOVER, STEP BACK, COASTER STEP, STEP TURN, FULL TURN

1&2 Rock R forward, recover weight on L, step R beind

3&4	Step L back, step R beside L,step L forward
5-6	Step R forward, turn ½ on the left and weight on L
7-8	Turn ½ on the left and step R bach, turn ½ on the left and step L forward

PART C (X2) (32count)

JUMP SIDE ROCK R, STOMP UP L, COASTER STEP (X2)

&1&2 Jump side rock R to side right, stomp up L beside R, jump side rock L to side left, stomp up R

beside L

3&4 Step R back, step L beside R,step R forward

&5&6 Jump side rock L to side left, stomp up R beside L, jump side rock R to side right, stomp up L

beside R

7&8 Step L back, step R beside L,step L forward

JUMP SIDE ROCK R, STOMP UP L, JUMP SIDE ROCK L, STOMP UP R, COASTER SCUFF, STEP TURN, FULL TURN

&1&2 Jump side rock R to side right, stomp up L beside R, jump side rock L to side left, stomp up R

beside L

Step R back, step L beside R, scuff R forward
Step R forward, turn ½ on the left and weight on L

7-8 Turn ½ on the left and step R bach, turn ½ on the left and step L forward

HAVE FUN Contact: provestyle@libero.it