

Teri Baaton

拍數: 48 牆數: 2 級數: Phrased Beginner
編舞者: ChiChi (INA) & Ani Soedjiwo (INA) - August 2024
音樂: Teri Baaton Mein Aisa Uljha Jiya Title Song - Raghav, Tanishk Bagchi, Asees Kaur & Nina Mathur



Intro : 16 counts
Sequence : B A Tag A(28c) B A A Tag A(28c) B B Ending
Tag : 4 counts

PART A : 32 counts

Sec. A-1 FWD MAMBO, BACK MAMBO, SIDE MAMBO (R/L)

1&2 Rock RF fwd, Recover on LF, Step RF next to LF
3&4 Rock LF bwd, Recover on RF, Step LF next to RF
5&6 Rock RF to side, Recover on LF, Step RF next to LF
7&8 Rock LF to side, Recover on RF, Step LF next to RF

Sec. A-2 FWD SHUFFLE (R/L), JAZZBOX TURN ¼ R

1&2 Step RF fwd with body facing (01.00), Step LF next to RF, Step RF fwd
3&4 Step LF fwd with body facing (11.00), Step RF next to LF, Step LF fwd
5-6 Cross RF over LF, Turn ¼ R step LF back
7-8 Step RF to side, Step LF fwd

Option : with shimmy shoulder

Sec. A-3 CROSS, HOLD, CROSS SHUFFLE R/L

&1-2 Hitch RF over LF, Step RF cross, Hold
&3&4 Step LF to side, Cross RF over LF, Step LF to side, Cross RF over LF
&5-6 Hitch LF over LF, Step LF cross RF, Hold
&7&8 Step RF to side, Cross LF over RF, Step RF to side, Cross LF over RF

Sec. A-4 JAZZBOX TURN ¼ R, V STEP

1-2 Cross RF over LF, Turn ¼ R step LF back
3-4 Step RF to side, Step LF fwd
5-6 Step RF diagonal out, Step LF diagonal out
7-8 Step RF back in, Step LF next to RF

PART B : 16 COUNTS

Sec. B-1 SIDE SWITCHES WITH SHOULDER MOVES R/L

1&2& Touch RF to R side with body facing (11.00) (1), Step RF next to LF (&), Touch LF to L side with body facing (01.00) (2), Step LF next to RF (&)
3&4& Touch RF to R side with body facing (11.00) while move shoulder bwd (3), Move shoulder fwd (&), move shoulder bwd (4), Step RF next to LF (&)
5&6& Touch LF to L side with body facing (01.00) (5), Step LF next to RF (&), Touch RF to R side with body facing (11.00) (6), Step RF next to LF (&)
7&8 Touch LF to L side with body facing (01.00) while move shoulder bwd (7), Move shoulder fwd (&), Move shoulder bwd (8)

Sec. B-2 FWD SHUFFLE L/R, VOLTA FULL TURN L

1&2& Step LF fwd, Step RF next to LF, Step LF fwd
3&4& Step RF fwd, Step LF next to RF, Step RF fwd
5&6& Turn ¼ L step LF forward, Step RF behind LF, Turn ¼ L step LF forward, Step RF behind LF
7&8 Turn ¼ L step LF forward, Step RF behind LF, Turn ¼ L step LF forward

TAG : TOUCH RF, HIP ROLL X2

1-2-3-4 Touch RF forward Hip roll L to R X2

ENDING : Finish part B (06.00), Turn ½ L to finish the dance with pose

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