

Alimony

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Matt Lewis (UK) & Ray Jones (WLS) - August 2024
音樂: Alimony - Miranda Lambert



Restart: wall 5 after 12 counts

Section 1: Right shuffle forward, left shuffle forward, Jazz box cross

1&2 Step RF forward, step LF next to right, step RF forward.
3&4 Step LF forward, step RF next to LF, step LF forward.
5-6 Cross RT over left, step back on LF.
7-8 Step RT to R side, Cross LF over R foot

Alternative step for counts 7-8

Kickball cross

7&8 kick RF forward, step RF next to LF, Cross RF over LF

Section 2: Side shuffle Right, Back rock, Grapevine touch

1&2 step RF to R side, step LF next to R, step RF to R side
3-4 Rock back on LF, recover weight on RT.

Restart wall 5 (replace count 4 with touch)

5-6 step LF to L side, cross RT behind LF
7-8 Step LF to L side. Touch RF next to L

Section 3: & back clap x4

&1-2 Hop back to R diagonal on RF foot, touch L next to R, clap
&3-4 Hop back on L diagonal on LF foot, touch R next to L, clap
&5-6 Hop back to R diagonal on RF foot, touch L next to R, clap
&7-8 Hop back on L diagonal on LF foot, touch R next to L, clap

Section 4: figure of 8

1-2 step RF to R side, cross LF behind R.
3-4 1/4 turn R stepping RF forward, step LF forward
5-6 pivot 1/2 turn R, 1/4 turn R stepping LF to side.
7-8 cross RF behind LF, 1/4 turn L stepping LF forward.

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