

One Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Joshua Talbot (AUS) - August 2024
音樂: You're Still The One (Frank Walker Remix) - Shania Twain



Extras: Restart wall 8, count 16

Intro: 16 count (approx. 7 seconds) start with the Lyrics "We might've took the long way"

Section 1: CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS, ¼ BACK, L COASTER

1, 2 Cross Rock R over L, recover weight L
3&4 Step R to R, step L together, step R to R
5, 6 Cross step L over R, ¼ L step R back (9.00)
7&8 Step L back, step R together, step L fwd

Section 2: CROSS, SWEEP, CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE

1, 2 Step R fwd slightly crossing over L, sweep L from back to front
3, 4 Cross L over R, step R to R
5, 6 Step L behind R, sweep R from front to back
7, 8 Step R behind L, step L to L

Section 3: SIDE, HOLD, ROCK BACK, RECOVER, SIDE, BEHIND, SIDE, CROSS

1, 2 Step R to R, HOLD
3, 4 Rock L behind R, recover weight R
5, 6 Step L to L, step R behind L
7, 8 Step L to L, Step R over L

Turning Option: Replace counts 5-8 with a with a double reverse turn – Turn R while traveling L

Section 4: SIDE ROCK, ¼ RECOVER, FWD, HOLD, ½, ½, ½, ¼

1, 2 Rock L to L, ¼ R as you recover weight R (12.00)
3, 4 Step L fwd, HOLD
5, 6 ½ L step R back, ½ L step together (12.00)
7, 8 ½ L step R back, ¼ L step L to L (3.00)

[32]

Restarts: On wall 8 dance to count 16 then restart facing back wall*.

Finish: Dance to end of wall 12 and continue rolling to the front

Note: This version of the song was sent to me by my good friends Glenda & David M. They wanted me to use it for their 50th wedding anniversary celebration workshop. This dance is dedicated to them. May they have many more great years together.

Official Teach and Demo can be found at <https://www.youtube.com/user/MrJbtalbot>
or by visiting my website www.jbtalbot.com

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