

Back To The 50's

拍數: 56 牆數: 2 級數: High Improver
編舞者: Rex Allott (UK) - August 2024
音樂: Last Train to San Fernando - Johnny Duncan & The Bluegrass Boys



Intro - On Lyrics (6 beats after rhythm guitar starts)

S1. R diagonal slide, R toe, heel scuff, L diagonal slide, L toe, heel scuff

- 1-2. Point R toe diagonally out R, slide back
- 3&4. Touch R toe diagonally back R, scuff R heel fwd, return R next to L
- 5-6. Point L toe diagonally out L, slide back
- 7&8. Touch L toe diagonally back L, scuff L heel fwd, return L next to R

S2. R cross back toe tap, R kick ball step, L cross back toe tap, L kick ball step

- 1-2. Touch R toe behind L heel, return
- 3&4. Kick R fwd, return, step L next to R
- 3-4. Touch L toe behind R heel, return
- 5&6. Kick L fwd, return, step L next to R

S3. Cross point R, pause, cross point L, pause, heel flicks R, L, step heels fwd R, L, back R, L

- 1-2. Cross point R diagonally out L, pause
- &3-4. Step R back next to L, cross point L diagonally out R, pause
- &5-6. Step L back next to R, flick heels R, L
- 7&8&. Step fwd on heels R, L, back on heels R, L

S4. R jazz box cross 1/4 turn L x 2

- 1-2. Turning 1/4 L, cross R over L, step L next to R
- 3-4. Step R, L, on the spot
- 5-8. Rpt 1-4

S5. Chasse R, step L back, chasse L, step R back

- 1&2. Step R to R, step L next to R, step R to R
- 3-4. Step L behind R, return
- 5&6. Step L to L, step R next to L, step L to L
- 7-8. Step R behind L, return

S6. Heel point R, pause, heel point L, pause, tap R toe fwd, out, behind L, L cross step R.

- 1-2. Point R heel diagonally out R, pause
- &3-4. Step R back next to L, point L heel diagonally out L, pause
- &5-6. Step L back next to R, point R to fwd, out R
- 7&8&. Cross R toe behind L heel, cross L over R, step R to R, step L next to R

S7. Step R out, in, L back, fwd, step L out, in, R back, fwd

- 1-2. Step R out R, return
- 3-4. Step L back, return
- 5-6. Step L out L, return
- 7-8. Step R back, return

Tag1.

S1. Full walking turn R

- 1-2. Turning 1/2 R, step L, R
- 3-4. Rpt 1-2

Tag2.

S1. Full shuffle turn L (slowing with the beat)

1&2. Turning 1/4 L, step R, L, R

3-8. Rpt 1&2 x 3

S2. Step fwd, back R, L (slow with the beat)

1-2. Step fwd R, L

3-4. Step back R, L

Tag1. after 1st S7 (6 o'clock)

Restart after 2nd S4. (12 o'clock)

Dance S3. & S4. again after 3rd S4. (6 o'clock), then restart (12 o'clock)

After 6th S4. (12 o'clock) dance S1. & S2. twice, then dance Tag2. to finish facing 12 o'clock
