

Praising You

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner cha cha
編舞者: Carla Vauthier (FR) - August 2024
音樂: Praising You (feat. Fatboy Slim) - Rita Ora



Intro : 32 counts

[1-8] walk, walk, tripple step fwd, rock step, ½ tripple step

1-2 walk RF foward, walk LF foward
3&4 step RF foward, step LF side RF, step RF foward
5-6 rock foward LF, recover on RF
7&8 1/4 turn left stepping LF to left, step RF next to LF, 1/4 turn left stepping LF foward

[9-16] walk, walk, tripple step fwd, rock step, ¼ tripple step

1-2 walk RF foward, walk LF foward
3&4 step RF foward, step LF side RF, step RF foward
5-6 rock foward LF, recover on RF
7&8 step LF to left, step RF next to LF, 1/4 turn stepping LF foward

[17-24] cross rock, tripple side, cross rock, tripple side

1-2 RF cross over LF, recover on LF
3&4 Step RF to right, step LF next to RF, step RF to right
5-6 LF cross over R, recover on R
7&8 step LF to left, step RF next to right, step to left

[25-32] sailor step, sailor ¼ turn left, step, 1/8 turn, step, 1/8 turn

1&2 RF cross behind LF, LF step side, RF foward
3&4 LF cross behind RF, RF step side, ¼ turn Left & LF step foward
5-6 RF step foward 1/8 turn Left
7-8 RF step foward, 1/8 turn Left

(Optional for Counts 5- 8: Hip rolls to Left as you turn)

and restart the dance

Tag after the 7th wall :

1-4 jazzbox ¼ turn right

ENJOY GUYS !

R = Right, L = Left, FWD = Forward

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