

I'll Stand My Ground

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4
編舞者: Sunny Chung (USA) - August 2024
音樂: I Won't Back Down - Jason Owen

級數: Beginner / Intermediate



One Restart

Intro: 16 counts.

CROSS ROCK, HIP BUMPS

1-2 Cross L back behind R, Step R forward in place
3&4 Step L as bump hips LRL
5-6 Cross R back behind L, Step L forward in place
7&8 Step R as bump hips RLR

CRAB STEPS TO THE R & L

1-4 Cross L over R, Step R to R side, Cross L over R, Step to R side (1,3 Bend Knee)
5-8 Step L to L side, Cross R over L, Step L to L side, Cross R over L (6, 8 Bend Knee)

POINTS

1-2& Point L to L side, Point L to front
3-4& Point R to R side, Point R to front
5-6& Point L to L side, Point L to back
7-8& Point R to R side, Point R to back

STEP HITCH, ½ TURN, SHUFFLE

1-2& Step L back, Step R front, Step L as ½ turn R, (weight stays on R)
3&4 Side shuffle LRL
5-6& Step R back, Step L front, Step R as ½ turn L, (weight stays on L)
7&8 Side shuffle RLR

**** RESTART HERE on Wall 1 @ 12:00 after 32 counts**

BACK ROCKING CHAIR, ¼ TURN, STEP, STOMP, STOMP

1-4 Step L back, Step R in place, Step L forward, Step R in place
5-6 Step L Back as ¼ turn L, Step R forward
7-8 Stomp down L & R

Enjoying Dancing!
