

Country Girl

拍數: 32 牆數: 2 級數: Improver
編舞者: Rafaela Bizjak (DE) - June 2024
音樂: Country Girl (Shake It for Me) - Luke Bryan



Intro: 32 Counts, The dance begins with the singing
Phrasing – No Tag, No Restart

S1: Heel grind R turning ¼ right, Coaster step, Walk L, Walk R, Swivel RL ¼ turn right and back left, Swivel RL ¼ turn right

1-2 Right heel grind ¼ turn right (3h)
3&4 Step r back, step l beside r, step r forward
5-6 Walk l, Walk r
7&8 Step l in front of r, do a ¼ turn with both feet on your toes at the same time, turn back ¼ and turn again ¼ (6h)

S2: Cross Side Heel R, Cross Side Heel L, Cross Rock R recover, Step R to the R, close with L

1&2& Cross r over l, Step left with l, touch r heel diagonally right forward
3&4& Cross l over r, Step right with r, touch l heel diagonally left forward
5-6 Cross r over l, recover l
7-8 do a big step right with r and close with l

S3: Rumba Box sideway r with R, close L, forward R, sideway l with L, backwards l with L, Coaster Step, ½ Pivot r

1&2 Step to the right side with r, close with l, step forward with r
3&4 Step to the side with l, close with r, step backwards with l
5&6 Step r back, step l beside r, step r forward
7-8 Step l in front of r and do a ½ turn r (12h)

S4: ¼ turn R with Hitch left foot, ½ turn R with Hitch right foot, Rock back, Rock fwd, sailor step L ¼ turn l

1-2 ¼ turn right with bented knee, with left foot (3h)
3-4 ½ turn right with bented knee, with right foot (9h)
5&6& Rock back l, Rock forward l
7&8 Place l behind r with ¼ turn left, step side right, step side fwd (6h)

Rafaela Bizjak, Germany

Links: [bfl_jff@web.de] [www.blackforestlinedancers.de]