

Kombolewa

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Dione Agatha (INA) & Harry Samana (INA) - August 2024
音樂: KOMBOLEWA (Remix) - Suzete & Lola Índigo



No tag no restart

Start dance after intro : 16 count

MAIN DANCE

S1. BATUCADA , BACK , TOUCH , HOLD , BOTAFOGO

1a2 Step RF back while touch LF in place and hip bump – Step LF back – Touch RF in place and hip bump
a3 4 Step RF back – touch LF to side left – hold
5a6 Cross LF over RF – ball RF to side right – step LF to side left
7a8 Cross RF over LF – ball LF to side left – step RF to side right

S2. ROCK – RECOVER , TURN ½ LEFT , SAILOR CROSS , ¼ L SIDE , ¼ L CROSS , ¼ L SIDE , ¼ L , CROSS

1 2 Rock LF forward – RF recover
3&4 ½ L cross LF behind RF – step RF to side - cross LF over RF (06: 00)
5 6 Turn ¼ left step right to right – turn ¼ left cross left over right

Styling Roll hips back

7 8 Turn ¼ left step right to right – turn ¼ left cross left over right

S3: WALK R – L , TOUCH , HIP BUMP, SAILOR STEP, ¼ LEFT SAILOR FORWARD

1-2 Step R forward – step L forward
3&4 Touch RF forward with Hip Bump up – down
5&6 step RF behind LF with sweep – Step L to side left – Step R in Place
7&8 ¼ L Step LF behind right – Step R to Side – Step L forward

S4: MAMBO FORWARD – BACK , SIDE , HIPS ROLL

1&2 Step R forward - n recover on L – n Step R back
3&4 Step L back – Recover on R – Step forward
5678 Step R to side – Roll your hips foolprom right to left with 3 count , recover on LF

BACK TO THE TOP

Enjoy the Dance ...