

Girls Rockin' Cowboy Boots

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Jen Michele (USA) - August 2024
音樂: Cowboy Boots (feat. Gord Bamford) - Chris Buck Band



****Restart – wall 4 after 14+& counts**

****Tag/Restart – wall 8 after 4 counts, insert 2 count tag and then restart from top**

****Bridge – after wall 9, start wall 10 with section 3 and continue on.**

Section 1 - Walk, walk, shuffle forward, rock, recover, shuffle back (or triple turn back)

1-2 walk forward right, left (12:00)

3&4 shuffle forward right, left, right (12:00)

5 rock forward on left

****TAG/RESTART HERE ON WALL 8: weight forward on left (5) and hold (6), then Restart****

6 recover back on right (12:00)

7&8 shuffle back stepping left, right, left (12:00)

****you can replace the shuffle back for 7&8 with a full triple turn going left - stepping LRL****

Section 2 - Back, toe, back, toe, back, hip and hip. Back, toe, back, toe, back, hip and hip.

&1&2 back on right foot, touch left toe, back on left foot, touch right toe (12:00)

&3&4 back on right foot, touch left toe as you bump hip right and right (12:00)

&5&6 back on left foot, touch right toe, back on right foot, touch left toe (12:00)

& back on left foot

*****RESTART HERE ON WALL 4****

7&8 touch right toe as you bump hip left and left (12:00)

****when he sings about “boot scootin’ booty’s” Ladies you can style and place hands on hips****

****BRIDGE HERE after wall 9 – once you finish dancing wall 9 (facing 3:00) leave out sections 1 and 2 and start here at section 3 and keep going like normal****

Section 3 - Step ½ pivot, step ½ pivot, step ¼ turn, heel tap, heel tap.

1-2 step right foot forward, make ½ turn left with weight ending on left (6:00)

3-4 step right foot forward, make ½ turn left with weight ending on left (12:00)

(for easier option that eliminates the 2 1/2 pivots, you can do a rocking chair instead! Rock forward on R, recover L, rock back on R, recover L)

5-6 step right foot forward and roll hips counterclockwise to make ¼ turn left with weight ending on left (9:00)

7-8 lift and tap right heel in place 2 times (tap, tap) next to left (9:00)

****during 7-8 when he sings “my heart” Gentlemen use one or both hands to tap your heart****

Section 4 - Toe, heel, coaster step. Toe, heel, coaster step.

1-2 turning knee inward touch right toe next to the left, then touch right heel forward (9:00)

3&4 Coaster right – step right foot back, left foot next to right, step right foot forward (9:00)

5-6 turning knee inward touch left toe next to the right, then touch left heel forward (9:00)

7&8 Coaster left – step left foot back, right foot next to left, step left foot forward (9:00)

****lots of styling opportunities with this song and dance! Have fun with it!!!****

Have fun!

Email Jen Michele with any questions! danceitoutlinedancing@yahoo.com

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