

The Story of Time

拍數: 48 牆數: 2 級數: Improver
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音樂: The Story of Time (光陰的故事) - Lo Ta-You (羅大佑)



Intro: 16 count

Sequence: 48 16 48 16 48 Tag 16 (pose)

S 1: Sway (x2), Side Shuffle R, Sway (x2), Side Shuffle L

1 2 Sway R, Sway L
3 & 4 Step Rf to R, Step Lf next to Rf, Step Rf to R
5 6 Sway L, Sway R
7 & 8 Step Lf to L, Step Rf next to Lf, Step Lf to L

S 2: (Cross, Back, Side) (x2), Pivot ½ turn, Fwd shuffle

1 2 & Cross Rf over Lf, Step Lf back, Step Rf to R
3 4 & Cross Lf over Rf, Step Rf back, Step Lf to L
5 & 6 Step Rf fwd, Step Lf fwd ½ turn R, Step Rf fwd
7 & 8 Step Lf fwd, Step Rf next to Lf, Step Lf fwd

S 3: Rock, Recover ½ turn R, Full turn R, Rock, Recover ½ turn L, Full turn L

1 & 2 Rock Rf fwd, Recover ½ turn R, Step Rf fwd
3 & 4 & ¼ turn R step Lf in place, ¼ turn R step Rf in place, Step Lf in place, 1/2 turn R step Rf in place
5 & 6 Rock Lf fwd, Recover ½ turn L, Step Lf fwd
7 & 8 & ¼ turn L step Rf in place, ¼ turn L step Lf in place, Step Rf in place, ½ turn L Step Lf in place

S 4: Box, Diagonal back shuffle (x2)

1 & 2 Step Rf to R, Step Lf next to Rf, Step Rf fwd
3 & 4 Step Lf to L, Step Rf next to Lf, Step Lf back
5 & 6 (diagonal R) Step Rf back, Step Lf next to Rf, Step Rf back
7 & 8 (diagonal L) Step Lf back, Step Rf next to Lf, Step Lf back

S 5: Full Diamond

1 2 & Step RF to R, 1/8 turn L step Lf back, Step Rf back
3 4 & 1/8 turn L step LF to L, 1/8 turn L step Rf fwd, Step Lf fwd
5 6 & 1/8 turn L step RF to R, 1/8 turn L step Lf back, Step Rf back
7 8 & 1/8 turn L step LF to L, 1/8 turn L step Rf fwd, Step Lf fwd

S 6: Weave R, Side rock, Recover, Weave L, Side rock, Recover

1 & 2 & 1/8 turn L step Rf to R, Step Lf behind Rf, Step Rf to R, Step Lf over Rf
3 & 4 Side rock to R, Recover, Cross Rf over Lf
5 & 6 & Step Lf to L, Step Rf behind Lf, Step Lf to L, Step Rf over Lf
7 & 8 Side rock to L, Recover, Cross Lf over Rf

After wall 5

Tag: Consists of S5 and S6 (IOW S5 and S6 is repeated)

For any question contact

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羅大佑【光陰的故事 Story of time】
<https://www.youtube.com/watch?v=1EPzzzx8N4>
