

# Spicy

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Alisa Hart (USA) - August 2024  
音樂: Spicy - Julia Cole



No tags, no restarts

\*Starts with the lyrics 32 counts into the music

## Hip bumps R L, Walk R L, anchor step with a ¼ turn, hip sway, side kick

1234 5678      Step back L(12) bump R hip(34), Step back L(56) bump L hip(78)  
1 2 3 4      Walk R L  
5&6 7&8      sailor step ¼ turn R (5&6), step R to R side with a hip sway R(7), lean R while kicking L foot to L side(8)

## Behind & cross, step kick ¼ turn, L coaster step, hop forward

1&2 3 4      step L behind R(1) step R out to R side(&) cross L over R(2), Step R to R side(3) kick L foot forward with a ¼ turn L(4)  
5&6 7 8      coaster step L, hop forward(78)

## Roll hips, Sailor L, Sailor R, step hitch ½ turn, L coaster step

1 2 3&4 5&6      roll hips(12), sailor L, sailor R  
5 6 7&8      Step forward R(5) ½ turn L over L shoulder while hitching L knee(6), L coaster step

## Walk R L ¼ turn, Hop back ¼ turn, hop back, toe touch ½ turn, hold 2

1 2 3 4      Walk R(1) walk L with a ¼ turn R(9:00), hop back ¼ turn R(3) hop back(4)  
5 6 7 8      Touch R toe behind(5) ½ turn over R shoulder(&) shift weight R(6), hold for 7 8

## 360° turn, knee pop, hold

1 2 3 4      360° turn  
5 6 7 8      knee pop(hitting the pop on 6), hold(8)

Last Update: 4 Sep 2024