

Turn Me Loose

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Shirley Jackson (SCO) - July 2024
音樂: Turn Me Loose - Young Divas



No tags no restarts!!!!

Arm option: First 4 counts.

cross both arms down & straight across the body when stepping R & bringing arms back on the L Point.
When stepping back left throw both arms up & pull down on hitch.

Side step, cross point, side step, hitch. Step point ¼ sailor

1,2,3,4 Step R to R side, cross L point in front. Step L to left side, hitch right knee.
5,6,7&8 Step back on R, point L to left side. Sailor step L ¼ left turn.

Syncopated Side rock cross R & L, jazz box ¼ right

1&2 Rock R to R side recover on L, cross R in front.
3&4 Rock L to L side recover on R, cross L in front.
5,6,7,8 Cross R, step back L, step R to R side, close L beside R.

Front & side flicks, Coaster step X 2

1,2, 3&4 Flick R in front & R side. Step R back, Step L back, step R in front. (ball, ball flat)
5,6, 7&8 Flick L in front & L side. Step L back, Step R back, Step L in front. (ball, ball flat)

Rolling vine ¼ R turn, Heel twist out heel twist in, Jump out RL touch R beside left Clap hands. (option to replace rolling vine with grapevine ¼ R turn)

1,2,3,4 Make a ¼ turn R & step R foot forward, make a ½ turn R & step back on L, make a ¼ turn R & step R to L side, close L beside R.
5&6&7,8 Step R fwd, twist both heels R, twist both heels L. Step back R, Step Back L, Touch R beside L, Clap hands.

ENJOY!!

Submitted by: Lorna Cairns - Email: lornaasjazzboxes@gmail.com