

Adore Amore Cha Cha

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Elaine Collins (SCO) - July 2024
音樂: The Door - Teddy Swims
或: I Adore You (feat. Daecolm) - HUGEL, Topic & Arash



Start after 32 count intro

I know there's a few dances to the preferred track "The Door" so an alternative track is listed which also fits the dance perfectly

{1-9} Step R to Right, L Cross Rock, L Chasse, R Cross Rock, R Chasse

1,2,3 Step R foot to R side, Cross L foot over R foot, Replace weight on R foot
4&5 Step L foot to L side, Close R foot to L foot, Step L foot to L side
6,7 Cross R foot over L foot, Replace weight on L foot
8&1 Step R foot to R side, Close L foot to R foot, Step R foot to R side

{10- 17} Hold, Quick L Rock Back, L Chasse, Hold, Quick R Rock Back, R Chasse 1/4 Turn R

2&3 Hold, Step back L, Replace weight fwd on R foot
4&5 Step L foot to L side, Close R foot to L foot, Step L foot to L side
6&7 Hold, Step back R, Replace weight fwd on L foot
8&1 Step R foot to R side, Close L foot to R foot, Step R foot fwd making ¼ turn Right

{18-25} L Fwd Rock, Chasse 1/2 Turn L, R Fwd Rock, Chasse 1/2 Turn R

2,3 Rock fwd L foot , Replace weight on to R foot
4&5 Step L foot to L side making ¼ turn L, Close R foot to L foot, Step L foot fwd making ¼ L
6,7 Rock fwd R foot , Replace weight on to L foot,
8&1 Step R foot to R side making ¼ turn R, Close L foot to R foot, Step R foot fwd making ¼ R

{26-33} L fwd Rocking Chair turning, Chasse 3/4 Turn L

2,3 Rock fwd L foot, Replace weight on to R foot making ¼ turn Left
4,5 Step L foot to L side, Rock fwd R foot making ¼ turn Right
6,7 Rock fwd L foot, Replace weight on to R foot
8&1 Step L foot to side turning ¼ L, Close R foot to L foot turning ¼ L, Step L foot fwd turning ¼ L

{34-41} R Side Step, Step L Behind, R Chasse, L Cross Rock, L Chasse

2,3 Step R foot to R side, L foot behind R
4&5 Step R foot to R side, Close L foot to R foot, Step R foot to R side
6,7 Cross L foot over R foot, Replace weight on R foot
8&1 Step L foot to L side, Close R foot to L foot, Step L foot to L side

{42-49} Weave L, R Cross Rock, R Chasse

2,3,4,5 Cross R foot over L, Step L foot to L side, Cross R foot behind L, Step L to L side
6,7 Cross R foot over, Replace weight on L foot
8&1 Step R foot to R side, Close L foot next to R foot, Step R foot to R side

{50-57} Rock L Forward, 3 x Back Lock Steps L,R,L

2,3 Rock L foot forward, Replace weight back on R
4&5 Step back L, Lock R foot in front of L, Step back L
6&7 Step back R, Lock L foot in front of R, Step back R
8&1 Step back L, Lock R foot in front of L, Step back L

{58-64} Back Rocking Chair, R Chasse

2,3,4,5 Step Back R, Replace weight forward on L, Step Fwd R, Replace weight back on L
6,7 Step back R, Replace weight fwd on L
8& Step R foot to R side, Close L foot to Right {step 1 completes the chasse and starts the dance again}

Enjoy!

Choreographed by Elaine Collins

Contact: comedancewithmeindundee@yahoo.co.uk

Mobile: 07878179867
