Espresso



拍數: 32 牆數: 4 級數: Beginner

編舞者: Amy Christian (USA) - August 2024 音樂: Espresso - Sabrina Carpenter



SIDE MAMBO X 2, ROCKING CHAIR,

Rock R out to right side, Recover on L, Step R next to L (R side Mambo),
Rock L out to left side, Recover on R, Step L next to R (L Side Mambo),
Rock forward on R, Recover on L, Rock back on R, Recover on L,

KICKBALL CHANGE X 2, V-STEP,

1&2 Kick R forward, Step back on ball of R, Step L forward,3&4 Kick R forward, Step back on ball of R, Step L forward,

5-8 Step R forward at right diagonal, Step L out to left side, Step R back, Step L next to R,

SIDE, TOUCH BEHIND, CHASSE, SIDE, TOUCH BEHIND, CHASSE,

1-2 Step R to right side, Touch L behind R as you look right & snap fingers to the right side,

3&4 Step L to left side, Step R next to L, Step L to left side (looking forward),

5-6 Step R to right side, Touch L behind R as you look right & snap fingers to the right side,

7&8 Step L to left side, Step R next to L, Step L to left side (looking forward),

FORWARD MAMBO, BACK MAMBO, 1/4 JAZZBOX WITH A CROSS.

Rock R forward, Recover on L, Step R next to L (Forward Mambo),
Rock back on L, Recover on R, Step L next to R (Back Mambo),

5-8 Step R across L, ¼ turn right stepping L back, Step R to right side, Step L across R, [3:00] (Easy option for 5-8 Do a regular ¼ Jazz Box stepping L together or forward, without the cross over.)

Start over!

*TAG – There's an 8 count Tag that happens facing 12 'o clock, right after wall 4.

R MAMBO, L MAMBO, PRETEND TO DRINK YOUR ESPRESSO.

Rock R out to right side, Recover on L, Step R next to L, Rock L out to left side, Recover on R, Step L next to R,

5-6 Place L hand flat like a saucer, pretend to pick up your tea cup with R hand,

7-8 Tip up your imaginary tea cup like you are drinking it, Place imaginary tea cup on saucer.

(Or just do an 8 count RESTART).