

Chasing Rainbows

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Improver
編舞者: Jake Downing (USA) - August 2024
音樂: Chasing Rainbows (Remix) - The High Kings & Badscandal



Dance begins 40 counts (22 seconds) in: (on lyrics: "We're going out for the weekend...")

Restarts: 1; Tags: 1

[1-8] Side Mambo RF, Side Mambo LF, Forward Mambo RF, Coaster Step LF

1&2 Rock RF to R side (1), Recover to LF (&), Step RF next to LF (2)
3&4 Rock LF to L side (3), Recover to RF (&), Step LF next to RF (4)
5&6 Rock RF forward (5), Recover to LF (&), Step RF back (6)
7&8 Step LF back (7), Step RF next to RF (&), Step LF forward (8)

[9-16] ½ Pivot Turn L, ¼ Pivot Cross L, Side Rock/ Recover, Behind-Side-Cross

1,2 Step RF forward (1), Pivot ½ Turn over L shoulder (2) (6:00)
3&4 Step RF forward (3), Pivot ¼ Turn over L shoulder (&), Cross RF over LF (4) (3:00)
5,6 Rock LF to L side (5), Recover to RF (6)
7&8 Step LF behind RF (7), Step RF to R side (&), Cross LF over RF (8)

RESTART HERE ON WALL 2 (facing 6:00)

[17-24] ¼ Turn R Shuffle Forward (RLR), ¼ Turn R Side Shuffle Left (LRL), Sailor RF, Sailor LF w/ ¼ Turn Left

1&2 Turn ¼ R stepping RF forward (1), Step LF next to RF (&), Step RF forward (2) (6:00)
3&4 Turn ¼ R stepping LF to L side (3), Step RF next to LF (&), Step LF to L side (4) (9:00)
5&6 Step RF behind LF (5), Step LF to L side (&), Step RF to R side (6)
7&8 Step LF behind RF (7), Turn ¼ L stepping RF to R side (&), Step LF forward (8) (6:00)

[25-32] Rock/ Recover, ½ Turn R Shuffle Forward (RLR), ¼ Pivot Turn R, Cross Shuffle (LRL)

1,2 Rock RF forward (1), Recover to LF (2)
3&4 Turn ¼ R stepping RF to R side (3), Step LF next to RF (&), ¼ Turn R stepping RF forward (4) (12:00)
5,6 Step LF forward (5), Pivot ¼ Turn over R shoulder (6) (3:00)
7&8 Cross LF over RF (7), Step RF to R side (&), Cross LF over RF (8)

TAG HERE ON WALL 3 (Facing 9:00)

[TAG] Side Rock/ Recover, Behind-Side-Cross (x2)

1,2 Rock RF to R side (1), Recover weight to LF (2)
3&4 Step RF behind LF (3), Step LF to L side (&), Cross RF over LF (4)
5,6 Rock LF to L side (5), Recover weight to RF (6)
7&8 Step LF behind RF (7), Step RF to R side (&), Cross LF over RF (8)

1 Restart: Wall 2 after 16 counts (facing 6:00)

1 Tag (8-counts): End of Wall 3 before starting Wall 4 (facing 9:00)

Dance goes in Clock-wise direction. Enjoy!!

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