

Euro Cha

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Debbie Rushton (UK), Jean-Pierre Madge (CH) & José Miguel Belloque Vane
(NL) - August 2024
音樂: Dance - YES YES, OTG Stiffy & M.I.M.E



Count in: After 16 counts on lyrics

SIDE HOLD BALL STEP, STEP LOCK STEP, STEP ½ TURN, CROSS ROCK

12&3 Step L to L side, Hold count 2, Rock back on R, Recover forward onto L
4&5 Step R forward, Lock L behind R, Step R forward
6 7 Step L forward, Pivot ½ turn R taking weight onto R (6 o'clock)
8& Cross rock L over R, recover onto R

HIP ROLL, ¼ TURN FLICK, STEP LOCK STEP, FULL SPIRAL TURN, ¼ CROSS SIDE COLLECT

1 2 3 Step L to L side slapping hands on thighs and slide hands up body as you roll hips anti-clockwise over 2 counts transferring weight to R, Making ¼ turn L step L forward and flick R foot up (3 o'clock)
4&5 Step R forward, Lock L behind R, Step R forward
6 7 Step L forward, Spiral full turn over R shoulder (weight stays L) (3 o'clock)
8&1 Make ¼ turn R crossing R over L, Step L to L side angling body to R diagonal, Step R beside L (7 o'clock)

**** Option for counts 1-3 – Step L to L side slapping hands on shins and slide hands up legs as you straighten up over 2 counts transferring weight to R, Making ¼ turn L step L forward and flick R foot up (3 o'clock)**

CROSS, SIDE, 5/8 SAILOR TURN, WALK WALK & LOCK AND STEP

2 3 Cross L over R, Step R to R side squaring up to back wall (6 o'clock)
4&5 Make a 5/8 sailor turn over L shoulder (11 o'clock)
6 7 Staying on the diagonal, Walk forward R, L
&&1 Step R forward raised up on R toe, Lock L behind R raised up on L toe, Step R forward, Step L forward

PRESS, SWEEP, SAILOR ¼ TURN, TRIPLE FULL TURN, CROSS

2 3 Press R forward, Recover back onto L sweeping R around from front to back
4&5 Cross R behind L, Making ¼ turn R step L beside R, Step R forward (prep to reverse turn)
6&7 Make a triple full turn over L shoulder (3 o'clock)
8 Cross R over L

NO TAGS, NO RESTARTS!