

Savvy Reggae Man

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner / High Beginner
編舞者: Helaine Norman (USA) - August 2024
音樂: Wise Man - Mihali



INTRO: After vocal with only guitar, listen to instrumental. Then start on words "Would you."

No tags or restarts

Note: This is a longer version of the dance Wise Reggae Man

SIDE MAMBO; FORWARD MAMBO; CROSSING SHUFFLE

1&2 Rock R to right, recover to L, step R together
3&4 Rock L forward, recover to R, step L to L side
5&6&7&8 Step R over L, step L to L side (3 times), step R over L

Optional for 1&2, 3&4: Cross Mambos X2 - Rock R over L, recover to L, step R to right side. Repeat all on left side.

SIDE MAMBO, FORWARD MAMBO; CROSSING SHUFFLE

1&2 Rock L to left, recover to R, step L together
3&4 Rock R forward, recover to L, step R together
5&6&7&8 Step L over R, step R to L side (3 times), step L over R

Optional for 1&2, 3&4: Cross Mambos X2 - Rock L over R, recover to R, step L to left side. Repeat all on right side.

FORWARD, TOUCH, BACK, KICK, COASTER; CHASE ½ R-TURN, SHUFFLE

1&2& Step R forward, touch L behind R heel, step L back, kick R forward
3&4 Step R back, step L together, step R forward
5&6 Step L forward making ½ pivot turn right, weight to R (6:00), step L together
7&8 Step R forward, step L together, step R forward

Optional for 7&8: Lock step

CROSS ROCK ¼ L-TURN, SCISSOR; VOLTA ½ L-TURN

1&2 Rock L over R, recover to R, step L side making ¼ turn left (3:00)
3&4 Rock R to R side, recover to L, step R over L
5&6&7& Step L forward, step R together behind L heel 3 times making ½ turn left: (9:00)
8 Step L

REPEAT

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