

Absolute Beginner Bachata

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Shanthie De Mel (AUS) - August 2024
音樂: Vita nuova - Meri Rinaldi



Intro: 32 counts. No Tags or Restarts. Right rotation.

For Bachata styling, roll your hips on every move. Raise your foot slightly off the floor to get the flowing rhythmic swaying motion of hips. As you dance, keep your knees slightly bent, bending your knee more when you raise your foot. Feel the beat!

[1-8] RIGHT FORWARD. TAP. BACK. HOOK. HIP BUMP R-L-R. HITCH.

1, 2, Step R diagonally forward to right side. Tap L together.
3, 4 Step L diagonally back. Hook R over L.
5, 6 Step/sway R to right side bumping hip. Step L to left side bumping hip.
7, 8 Step/sway R to right side bumping hip. Hitch L. (12:00)

[9-16] LEFT FORWARD. TAP. BACK. HOOK. HIP BUMP L-R-L. HITCH.

1, 2, Step L diagonally forward to left side. Tap R together.
3, 4 Step R diagonally back. Hook L over R.
5, 6 Step/sway L to left side bumping hip. Step R to right side bumping hip.
7, 8 Step/sway L to left side bumping hip. Hitch R. (12:00)

[17-24] (BACHATA BASIC) SIDE. TOGETHER. SIDE. TAP. x2

1, 2, Step R to right side. Step L together.
3, 4 Step R to right side. Tap L beside R.
5, 6 Step L to left side. Step R together.
7, 8 Step L to left side. Tap R beside L. (12:00)

[25-32] PADDLES 3/4 LEFT TURN. TOUCH. HOLD.

1, 2, Step R forward. Turn 1/4 left on L to 9:00.
3, 4 Step R forward. Turn 1/4 left on L to 6:00.
5, 6 Step R forward. Turn 1/4 left on L to 3:00.
7, 8 Keeping weight on L touch R to L. Hold. (3:00)

Styling: With every Paddle, sway hips, swinging right arm above lariat style.

Smile! Enjoy the dance!