

Not Going Home (今天不回家)

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 2 級數: Beginner
編舞者: Adeline Cheng (MY) & Lily Liu (MY) - August 2024
音樂: Not Going Home (今天不回家) - Irene Tham (湛爱铃)



Sec 1 TOES STRUT FWD

1 2 Touch R toes fwd. Drop R heel down.
3 4 Touch L toes fwd. Drop L heel down.
5 6 Touch R toes fwd. Drop R heel down.
7 8 Touch L toes fwd. Drop L heel down.

Sec 2 MONTEREY 1/4 TURN RIGHT (X2)

1 2 Point R to right. 1/4 turn right stepping R beside L (3:00).
3 4 Point L to left. Step L beside R.
5 6 Point R to right. 1/4 turn right stepping R beside L (6:00).
7 8 Point L to left. Step L beside R.

Sec 3 LUNGE FWD, LUNGE BWD

1 - 4 Shoulders lean fwd (weight on L).
5 - 8 Shoulders lean back (weight on L).

Sec 4 CROSS, POINT (FWD & BWD)

1 2 Cross R over L. Point L to left.
3 4 Cross L over R. Point R to right.
5 6 Cross R behind L. Point L to left.
7 8 Cross L behind R. Point R to right.

Sec 5 TOES STRUT JAZZ BOX CROSS

1 2 Cross touch R toes over L. Drop R heel down.
3 4 Touch L toes back. Drop L heel down.
5 6 Touch R toes to right. Drop R heel down.
7 8 Cross touch L toes over R. Drop L heel down.

Sec 6 SIDE ROCK, RECOVER, TOGETHER, HOLD (R & L)

1 2 Rock R to right. Recover on L.
3 4 Step R beside L. Hold.
5 6 Rock L to left. Recover on R.
7 8 Step L beside R. Hold.

Sec 7 K STEP

1 2 Step R fwd to diagonal right. Touch L beside R.
3 4 Step L back to center. Touch R beside L.
5 6 Step R back to diagonal left. Touch L beside R.
7 8 Step L fwd. Touch R beside L.

TAG: 4 count after wall 3 & wall 6

1 - 4 Hip bump to R, L, R, L