

Papa Aime Maman (P)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner Partner
編舞者: Mei Xiang (MY) - August 2024
音樂: Papa aime Maman - Elisabeth & Yvette Giraud



Embrace Position

The man facing LOD and lady facing RLOD.

MAN'S STEP

Section 1 (Rock L Fwd, Recover R, Side Hold, Rock R Back, Recover L, Side Hold)

1 2 3 4 Rock Lf forward, recover Rf, Big step Lf to the left, hold (12.00)

5 6 7 8 Rock Rf back, recover Lf, Big step Rf to the right, hold

Section 2 (¼ L, step L back, Recover, ¼ turn R, step L to L, hold, ¼ turn R, step R back , recover L, ¼ turn L, step R to R , hold)

1 2 3 4 ¼ left turn, step Lf back (9.00), recover Rf, ¼ turn right step Lf to left (12.00), hold

5 6 7 8 ¼ right turn step Rf back (3.00), recover Lf, ¼ turn left , step Rf to right (12.00), hold

Section 3 (¼ turn R , step Lf fwd, pivot ½ turn R onto R, ½ turn R step back on L hold , Step back on R-L-R hold)

1 2 3 4 ¼ turn right step Lf forward (3.00), pivot ½ turn right onto Rf (9.00) ½ turn right , step back on Lf, hold (3.00)

5 6 7 8 Step back on R- L- R hold

Section 4 (Rock L hip fwd, recover R, rock L hip fwd, ¼ turn left touch Rf beside Lf ,Rock R fwd, recover L, ¼ turn R step R to R, Hold)

1 2 3 4 Rock left hip forward, recover right hip, rock left hip forward, ¼ turn left touch Rf beside Lf (12.00)

5 6 7 8 Rock Rf forward, recover Lf, ¼ turn right step Rf to the right, hold (3.00)

Start again at wall 2 (3.00)

WOMAN'S STEP

Section 1 (Rock R Back, Recover L, Side Hold, Rock L Fwd , Recover R, Side Hold)

1 2 3 4 Rock R back, recover Lf, Big step Rf to the right, hold (6.00)

5 6 7 8 Rock L forward recover Rf, Big step Lf to the left, hold

Section 2 (¼ R, step R back, Recover, ¼ turn L, step R to R, hold, ¼ turn L step L back , recover R, ¼ turn R step L to L , hold)

1 2 3 4 ¼ left turn, step Rf back (9.00), recover Lf , ¼ turn right, step Rf to Right (6.00), hold

5 6 7 8 ¼ left turn step Lf back (3.00), recover Rf, ¼ turn right step Lf to left (6.00), hold

Section 3 (¼ turn L , step Rf fwd, pivot ½ turn L onto L, ½ turn L , step back on R hold , Step back on L-R-L hold)

1 2 3 4 ¼ turn left step Rf forward (3.00), pivot ½ turn left onto L (9.00) ½ turn left , step back on Rf, hold (3.00)

5 6 7 8 Step back on L- R-L hold

Section 4 (Rock R hip fwd, recover L, rock R hip fwd, ¼ turn R touch Lf beside Rf, Rock L back recover R, ¼ turn R step L to L, Hold)

1 2 3 4 Rock right hip forward, recover left hip, rock right hip forward, ¼ turn right , touch Lf beside Rf (6.00)

5 6 7 8 Rock Lf back, recover Rf, ¼ turn right step Lf to the left, hold (9.00)

Start again at wall 2 (9.00)

Happy Dancing
