Motorcycle Mama



拍數: 48 牆數: 2 級數: High Beginner

編舞者: Patti McDowell (USA) - August 2024 音樂: Motorcycle Mama - Nashville Country



#16 count intro - 2 easy restarts

TOE TOUCH, HEEL TOUCH W/TRIPLE STEP

1 -2	Touch right toe in front of left foot, touch right heel in front of left foot
3 & 4	Triple step in place (right, left, right)

5 - 6 Touch left toe in front of right foot, touch left heel in front of right foot

7 & 8 Triple step in place (left, right, left)

DIAGONAL FORWARD STEPS, SWIVEL HEELS

1 - 2	Touch right foot diagonally forward to the right, touch left beside right
3 - 4	Swivel both heels to the right, then back to center

5 - 6 Touch left foot diagonally forward to the left, touch right beside left

7 - 8 Swivel both heels to the left, then back to center

#2 RESTART: Wall 4 (Second time on 6:00 o'clock wall)

STEP BACKS W/CLAPS

1 - 2	Step back on right, step left next to right w/clap
3 - 4	Step back on left, step right next to left w/clap
5 - 6	Step back on right, step left next to right w/clap
7 - 8	Step back on left, step right next to left w/clap

TWO COUNT VINES RIGHT & LEFT W/TRIPLE STEP

1 - 2	Step right to right side, touch left next to right	
3 & 4	Triple step in place (right, left, right)	
5 - 6	Step left to left side, touch right next to left	
7 & 8	Triple step in place (left, right, left)	
#1 RESTART - Wall 2 - (First time on 6:00 o'clock wall)		

LOCK STEP RIGHT & LEFT W/TRIPLE STEP

1 - 2	Step diagonally to the right, step left behind right
3 & 4	Triple step in place (right, left, right)
5 - 6	Step diagonally to the left, step right next tobehind left
7 & 8	Triple step in place (left, right, left)

HEEL BOUNCES w/QUARTER (1/4) TURN LEFT - 2 X's

1 - 4	Step slightly forward on right foot, bouncing both heels turning 1/4 to the left
5 - 8	Step slightly forward on right foot, bouncing both heels turning 1/4 to the left

RESTARTS:

#1 Wall 2 (6:00) (first time on 6:00 0'clock wall) restart dance after 32 count (after 2 count vines and triple steps)

#2 Wall 4 (6:00) (second time on 6:00 o'clock wall) restart dance after 16 count (forward diagonal steps with heel swivels)

ENDING: Do the first 8 count (right & left - toe, heel, triple step facing front wall (12:00)

Last Update - 26 Sep. 2024 - R1

