

I'll Be Here

拍數: 64 牆數: 4 級數: Improver
編舞者: Charlotte Jakobsen (DK) - July 2024
音樂: I'll Be Here - Colbie Caillat & Sheryl Crow



Intro 16 counts (approx 10 secs), 2 Tags and an ending see down below

[1-8] Walk Fwd R/L, R Shuffle, Step ½ R, Walk L/R

1-2 Walk R fwd (1), Walk L fwd (2)
3&4 Step R fwd (3), Step L next to R (&), Step R fwd (4)
5-6 Step L fwd (5), Turn ½ Right onto R (6) 6:00
7,8 Walk L fwd (7), Walk R fwd (8)

[9-16] L Rock, Recover R, L Ball Step, L Walk Back, R Back Rock, Recover L, R Kick Ball Change

1-2 Rock L fwd (1), Recover on R (2)
&34 Step L next to right (&), Step R back (3), Walk back on L (4)
5-6 Rock R back (5), Recover on L (6)
7&8 Kick R fwd (7), Step R next to L (&), Change weight to L (8)

Note: Ending here at wall 7

[17-24] L Syncopated Weave, L Side Rock ¼ , Recover R, L Cross Point

1-2 3&4 Cross R over L (1), Step L to left side(2), Cross R behind L (3), Step L to left side (&), Cross R over L (4)
5-6 Rock L to left side (5), Turn ¼ right and recover onto R (6) 9:00
7-8 Cross L over R (7), Point R to right side (8)

[25-32] R Cross Point, L Rock, Recover R, L Coaster step, Step ¼ L

1-2 Cross R over L (1), Point L to left side (2)
3-4 Rock L fwd (3), Recover on R (4)
5&6 Step L back (5), Step R next to L (&), Step L fwd (6)
7-8 Step R fwd (7), Turn ¼ left, stepping L to left side (8) 6:00

[33-40] Samba Steps Travelling fwd R/L, ¼ Jazz Box

1&2 Cross R over L (body turns to left diagonal) (1), Rock L to left side (&), Recover to center on R (2)
3&4 Cross L over R (body turns to right diagonal) (3), Rock R to right side (&), Recover to center on L (4)
5-8 Cross L over R (5), Turn ¼ R, stepping L back (6) 9:00, Step R to right side (7), Cross L over R (8)

[41-48] R Chassé, L Back Rock, Recover R, L Chassé, R Back Rock, Recover L

1&2 Step R to right side (1), Step L next to R (&), Step R to right side (2)
3-4 Rock L back (3), Recover on R (4)
5&6 Step L to left side (5), Step R next to L (&), Step L to left side (6)
7-8 Rock R back (7), Recover on L (8)

[49-56] Step ½ L, L Full Turn, R Rock, Recover L, R Coaster Cross

1-2 Step R fwd (1), Turn ½ left onto L (2) 3:00
3-4 Turn ½ L, stepping R back (3) 9:00, Turn ½ L, stepping L fwd (4) 3:00
5-6 Rock R fwd (5), Recover on L (6)
7&8 Step R back (7), Step L next to R (&), Cross R over L (8)

[57-64] L Side Rock, Recover R, L Ball Side Touch, L Rolling Vine

1-2 Rock L to left side (1), Recover on R (2)
&34 Step L next to R (&), Step R to right side (3), Touch L next to R (4)
5-8 Turn $\frac{1}{4}$ L, stepping L fwd (5) 12:00, Turn $\frac{1}{2}$ L, stepping R back (6) 6:00, Turn $\frac{1}{4}$ left stepping L to left side (7) 3:00, Touch R next to L (8)

Start again

Tag 1 after Wall 2 facing 6:00, 8 Counts. [1-4] Rocking Chair, [5-8] Jazz Box

1-4 Rock R fwd (1), Recover on L (2), Rock R back (3), Recover on L (4)
5-8 Cross R over L (5), Step L back (6), Step R to right side (7), Step L next to R (8)

Tag 2, after wall 4 facing 12:00, 4 counts. Rocking chair, 1-4 see above.

Wall 7, is the last wall. Dance the first 16 counts and add 5 counts ending, [1-4] R Rocking chair and [5] Step R fwd.

Last Update: 3 Aug 2024
