

Boogie Shoes

拍數: 64 牆數: 2 級數: Improver
編舞者: Stew Doran (SCO) - July 2024
音樂: Boogie Shoes (Glee Cast Version) - Glee Cast



No tags or restarts

#16 count intro

Sec 1 Side Touch, Side Touch, Behind Side Cross, Step, Heel Toe Heel

1-2 Step Right to right, Touch Left next to Right
3-4 Step Left to left, Touch Right next to Left
5&6 Cross Right behind Left, Step Left to left, Cross Right in front of Left
7 Step Left to left
8&1 Swivel Right heel in to Left, Swivel Right toe in to Left, Swivel Right heel in to Left

Sec 2 Side, Behind Side Cross, Step Right, Heel Toe, Step Left

2 Step Right to right
3&4 Cross Left behind Right, Step Right to right, Cross Left over Right
5 Step Right to right
6&7 Swivel Left heel to Right, Swivel Left toe to Right, Swivel Left heel to Right
8 Step Left to left

Sec 3 Right Sailor, Left Sailor, Pivot 1/2 hook, Left Shuffle Forward

1&2 Cross step Right behind Left, Step Left to left, Step Right in place
3&4 Cross step Left behind Right, Step Right to right, Step Left in place
5-6 Step forward on Right, Pivot 1/2 left hooking Left over Right
7&8 Step forward on Left, Step Right next to Left, Step forward on Left

Sec 4 Step 1/2, Shuffle Half, Back Rock, Left Shuffle Forward

1-2 Step forward on Right, Pivot 1/2 turn left
3&4 1/4 turn left stepping Right to right, Step Left next to Right, 1/4 turn left stepping back on Right
5-6 Rock back on Left, Recover on Right
7&8 Step forward on Left, Step Right next to Left, Step forward on Left

Sec 5 Step To Right, Hold, 1/4 Left Shuffle x 2

1-2 Step Right to right side, Hold
3&4 1/4 turn Left stepping forward Left, Right together, Step forward on Left
5-6 Step Right to right side, Hold
7&8 1/4 turn Left stepping forward Left, Right together, Step forward on Left

Sec 6 Right Cross Samba, Left Cross Samba, 1/2 Turn Kick, Back Rock, Step

1&2 Cross Right over Left, Side rock Left to left, Recover to Right
3&4 Cross Left over Right, Side rock Right to right, Recover to Left
5-6 Step forward on Right, Pivot 1/2 turn left, kicking Left forward
7&8 Back rock on Left, recover onto Right, Step forward on Left

Sec 7 Step To Right, Hold, 1/4 Left Shuffle x 2

1-2 Step Right to right side, Hold
3&4 1/4 turn Left stepping forward Left, Right together, Step forward on Left
5-6 Step Right to right side, Hold
7&8 1/4 turn Left stepping forward Left, Right together, Step forward on Left

Sec 8 Right Cross Samba, Left Cross Samba, 1/2 Turn Kick, Back Rock, Step

1&2 Cross Right over Left, Side rock Left to left, Recover to Right
3&4 Cross Left over Right, Side rock Right to right, Recover to Left
5-6 Step forward on Right, Pivot 1/2 turn left, kicking Left forward
7&8 Back rock on Left, recover onto Right, Step forward on Left
