

A Bar Song

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - July 2024
音樂: A Bar Song (Topsy) - Shaboozey



Start after 16 beats at the slower 81 BPM pace

S1: WALK FWD R, L, FWD MAMBO; WALK BACK L, R, BACK MAMBO

1,2,3&4 Step R fwd, Step L fwd, Rock R fwd, Recover on L, Step R beside L
5,6,7&8 Step L back, Step R back, Rock L back, Recover on R, Step L beside R

S2: STEP UP & BACK AT DIAGONALS WITH CLAPS; ROCK BACK, TAP HEEL, ROCK FWD, TAP TOE; REPEAT ROCK & TAP

1&2&3&4 Step R fwd to R diagonal, Touch L beside R & clap, Step L fwd to L diagonal, Touch R
beside L & clap; Step R back to R diagonal, Touch L beside R & clap, Step L back to L
diagonal, Touch R beside L & clap
5&6&7&8& Rock back on R foot, Tap L heel in place, Rock fwd on L foot, Tap R toe in place; Rock back
on R foot, Tap L heel in place, Rock fwd on L foot, Tap R toe in place

S3: STEP & STOMP R, SINGLE RAMBLE R W/ L, REPEAT TO L

1,2&3&4 Stomp R to R (shifting weight to R), Swivel L heel to R, Swivel L toe to R, Swivel L heel to R,
Swivel L toe to R, Swivel L heel to R
5,6&7&8 Stomp L to L (shifting weight to L), Swivel R heel to L, Swivel R toe to L, Swivel R heel to L,
Swivel R toe to L, Swivel R heel to L

S4: TURN ¼ R WITH JAZZBOX, 2 PADDLES TO TURN ½ L

1,2,3,4 Cross R over L, Step L back, Turn ¼ R stepping R (3:00), Step L beside R
5,6,7,8, Turn ¼ L with R paddle (5,6) (12:00), Turn ¼ L with R paddle (7,8) (9:00)

TAG: After wall 5, facing 9:00, 2 counts, Double time sidestep R & L

1&2& Step R to R, Touch L beside R, Step L to L, Touch R beside L