The Maple Leaf



拍數: 112 編數: 4 級數: Phrased Intermediate - Pattern Soul

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音樂: Maple Leaf Rag - Scott Joplin: (Jazz Big Bands Classics: Essential Dixieland

Collection album)



#1 count intro

PATTERN: AB AB CC CC AB DD AB CD

PART A - 32c (1 BEAT = 1 COUNT): HEEL WALK DIAGONALLY RIGHT

1-2 Place right heel diagonally forward right, step left next to right
 3-4 Place right heel diagonally forward right, step left next to right
 5-6 Place right heel diagonally forward right, step left next to right

7-8 Step right next to left, hold

HEEL WALK DIAGONALLY LEFT

1-2 Place left heel diagonally forward left, step right next to left
 3-4 Place left heel diagonally forward left, step right next to left
 5-6 Place left heel diagonally forward left, step right next to left

7-8 Step left next to right, hold

FORWARD V-STEP, BACKWARD V-STEP

Step right foot diagonally forward right, step left foot diagonally forward left
 Step right foot diagonally backward left, step left foot next to right
 Step right foot diagonally backward right, step left foot diagonally backward left
 Step right foot diagonally forward left, step left next to right

HEEL STEP, HEEL STEP, SHUFFLE IN PLACE

1-2 Place right heel forward, bring ball of right foot down
3-4 Place left foot forward, bring ball of left foot down
5-6 Step right foot to the right, step left next to right
7-8 Step right foot next to left, hold.

PART B - 32c (1 BEAT = 1 COUNT):

JAZZ HANDS ROCKING PADDLE LEFT ½ TURN

While making jazz hands:

1-2	Step right foot 1/8 left as you lean shoulders right, pivot ball of left foot 1/8 left as you lean shoulders left
3-4	Step right foot 1/8 left as you lean shoulders right, pivot ball of left foot 1/8 left as you lean shoulders left
5-6	Step right foot 1/8 left as you lean shoulders right, pivot ball of left foot 1/8 left as you lean shoulders left
7-8	Step right foot 1/8 left as you lean shoulders right, pivot ball of left foot 1/8 left as you lean shoulders left

STEP TOE, STEP KICK, COASTER

1-2	Step right foot forward, touch left toe backward
3-4	Step left foot on the floor, kick right foot forward
5-6	Step right foot backward, step left next to right
7.0	Chair violet foot formuland leaded

7-8 Step right foot forward, hold

STOMP CLAP, STOMP CLAP, SHUFFLE

1-2	Stomp left foot on the floor next to right, clap
3-4	Stomp left foot on the floor next to right, clap
5-6	Step left foot to the left, step right next to left

7-8 Step left foot next to right, hold

1/4 RIGHT TURNING JAZZ BOX

1-2	Cross right foot over left, hold
3-4	Step left foot backward, hold
5-6	Step right foot ¼ to the right, hold
7-8	Step left foot next to right, hold.

PART C - 16c (2 BEATS = 1 COUNT): BIG STEP CAKE WALK FORWARD

As you lean backward slightly:

1-2	Step forward right, lift your left knee up in front of you
3-4	Step forward left, lift your right knee up in front of you
5-6	Step forward right, lift your left knee up in front of you
7-8	Step forward left, lift your right knee up in front of you

CAKE WALK GALLOP BACK, STEP RIGHT, LEFT, SWIVEL FEET TOGETHER

1-2 Quickly raise your left knee as you step back on the right, quickly raise your right knee as you step back on the left

Step back on the left

3-4 Quickly raise your left knee as you step back on the right, quickly raise your right knee as you

step back on the left

5-6 Step right foot to the right side, step left foot to the left side

Pivot your left foot on your left heel to the right as you pivot your right foot on your right heel

to the left, pivot your left foot on the ball of your left foot to the left as you pivot your right foot on the ball of your right foot to the right, pivot on the heels of both feet so your feet are facing

forward.

PART D - 32c (2 BEATS = 1 COUNT):

CROSS RIGHT BEHIND LEFT, STEP, CROSS LEFT BEHIND RIGHT, STEP, GRIZZLY BEAR ½ TURNS

1-2 Cross right toe behind left foot, step right next to left 3-4 Cross left toe behind right foot, step left next to right

As you hold your hands up in front of you with fingers spread out like claws:

5-6 Step right foot forward, step left foot ½ turn to the left 7-8 Step left foot forward, step right foot ½ turn to the left

CHARLESTON, KNEE CROSSES

1-2	Cross right toe over left foot, step right next to left
3-4	Cross left toe behind right foot, step left next to right

5& Cross your left knee in front of your right as you pivot the ball of your left foot to the right,

pivot the ball of your left foot to the left as you step down on your left foot

6& Cross your right knee in front of your left as you pivot the ball of your right foot to the left,

pivot the ball of your right foot to the right as you step down on your right foot

7&8 Cross your left knee in front of your right as you pivot the ball of your left foot to the right,

pivot the ball of your left foot to the left as you step down on your left foot

SLIDE RIGHT, SLIDE LEFT, BUMP HIPS R L R, L R L

1-2	Step right foot diagonally forward right, slide left foot next to right
3-4	Step left foot diagonally forward left, slide right foot next to left
5&6	Step right foot to the right side as you bump your hips right, left right
7&8	Shift weight to the left foot as you bump your hips left, right, left

BACKWARDS CAKE WALK GALLOP, BACKWARD KICKS, STEP, STOMP

1-2	Quickly raise your left knee as you step back on the right, quickly raise your right knee as you step back on the left
3-4	Quickly raise your left knee as you step back on the right, quickly raise your right knee as you step back on the left
5-6	Quickly step right foot right as you kick your left foot backward, quickly step left foot left as you kick your right foot backward
7-8	Step right foot on the floor, stomp left next to right.

Lots of authentic ragtime dance steps! Add your own style and have fun!!

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