

Please Please Please

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Han Myoungmin (KOR) - July 2024
音樂: Please Please Please - Sabrina Carpenter



Intro : 32 count (Start on lyrics)

No TAG / No RESTART

Sequence : AAB AAB AAA

Part A(32c)

SEC 1 : PRISSY WALK R L, CROSS SAMBA, CROSS, 1/2 TURN L, HITCH, BIG STEP, TOUCH

1,2 Cross RF over LF (1), Cross LF over RF (2)
3,&,4 Cross RF over LF (3), Rock LF to L side (&), Recover on RF (4)
5,6,& Cross LF over RF (5)(12:00), 1/4Turn L stepping RF back (6)(9:00), 1/4 Turn L, Hitch L knee (&)(6:00)
7,8 Big step LF to L side(7), Touch RF next to LF (8)

SEC 2 : DROTHY R L, SIDE, 1/4 SAILOR TURN L(ARM ACTION), WEIGHT CHANGE, TAP

1,2,& Step RF diagonal fwd (1), Lock LF behind RF (2), Step RF slightly diagonal fwd (&)
3,4,& Step LF diagonal fwd (3), Lock RF behind LF (4), Step LF slightly diagonal fwd (&)
5,6,& Step RF to R side (5), Cross LF behind RF (6)(6:00), 1/4 turn L stepping RF to R side(&)(3:00)
7,&,8 Step LF fwd (Push Hands forward or side and lower) (7), Recover Weight on RF (&), Tap L ball slightly ahead of RF (8)

SEC 3 : PRESS ROCK FWD L R, WALK BACK L R, SIDE with 1/4 TURN L , TOUCH

1,2,& Press LF fwd (1), Recover weight back on RF (2), Step LF next to RF (&)
3,4,& Press RF Fwd (3), Recover weight back on LF (4), Step RF next to LF (&)
5,6 Step LF back (5), Step RF back (6)(3:00)
7,8 1/4 Turn L stepping LF to L side (7)(12:00), Touch RF next to LF (8)

SEC 4 : ROLLING VINE R, WALK BACK L R, 1/2 SAILOR TURN L

1,2,3,4 1/4Turn R stepping RF fwd (1), 1/2 Turn R stepping LF behind RF (2), 1/4 Turn R stepping RF to R side (3), Touch LF next to RF(4) (12:00)
5,6, Step LF back(5), Step RF back (6),
7,&,8 Cross LF behind RF (7)(12:00), 1/4 Turn L stepping RF to R side(&)(9:00), 1/4 Turn L stepping LF fwd (8)(6:00)

Part B(32c)

SEC 1: STEP HIP ROLL& POINTx3, ROCK, RECOVER

1,2,3,4 Step RF to R side, Hip roll from L to R (1), Point LF to L side (2), Step LF to L side, Hip roll from R to L (3), Point RF to R side (4)
5,6,7,8 Step RF to R side, Hip roll from L to R (5), Point LF to L side (6), Rock LF behind RF(7), Recover on RF(8)

SEC 2: TOUCH x4(L KNEE IN, OUT, IN, OUT), KICK(ARM ACTION), L SAILOR, BACK, BALL, SWIVEL with HIP BUMP

1,2 Touch LF to L side (Turn L Knee In) (1), Touch LF in place (Turn L Knee Out) (2),
3,&,4 Touch LF in place (Turn L Knee In) (3) Touch LF in place (Turn L Knee Out) (&), Kick LF To L side (Throw arms up)(4)
5,&,6,& Cross LF behind RF (5), Step RF to R side (&), Step LF to L side (6), Step RF back(&)
7,&,8 Step L Ball fwd(7), Swivel L heel to L(with Hip Bump to L)(&), Swivel L heel to center(8)

SEC 3 : BACK STEP& TOUCH FWD x3, R CROSS ROCK, RECOVER

1-6 Step LF back (1), Touch RF fwd (2), Step RF back (3), Touch LF fwd (4) Step LF back (5),
Touch RF fwd (6),
7,8 Cross RF over LF(7), Recover LF(8),

SEC 4 BACK SHUFFLE R L, STEP FWD, 1/2 UNWIND R, CROSS

1,&,2 Step RF back (1), Step LF beside RF(&) Step RF back (2),
3,&,4 Step LF back(3), Step RF beside LF(&) Step LF back (4),
5,6,&7,8 Step RF fwd(5) Cross LF over RF(6)(12:00), Unwind 1/2 turn R (weight ends on
RF)(&~7)(6:00), Cross LF over RF(8)

Enjoy your dance, then you will be happy :-)

E-Mail : hibishan@naver.com

YouTube : www.youtube.com/@Dancing_Myoungmin

Last Update: 29 Jul 2024
