

Glow in the Dark

拍數: 32 牆數: 4 級數: Improver
編舞者: Stephanie Masse (FR) - July 2024
音樂: Glow In The Dark - Tom Gregory



***Intro*: 4 counts**

R step, L sweep, L cross, R side, L behind, R sweep, R behind, L side

1,2 Step RF forward, sweep LF forward (12:00)
3,4 Cross LF over RF, step RF to R side
5,6 Cross LF behind RF, sweep RF back
7,8 Cross RF behind LF, step LF to L side (12:00)

R cross rock, recover, R side, hold, L cross rock, recover, ¼ L & L shuffle

1,2 Cross rock RF over LF, recover on LF (12:00)
3,4 Step RF to R side, hold
5,6 Cross rock LF over RF, recover on RF
7&8 ¼ turn L and step LF forward, close RF next LF, step LF forward (09:00)

R point forward, R point back, R kick ball L step, R step, ¼ L & L touch, L kick ball R cross

1,2 Point RF forward, Point RF back (09:00)
3&4 Kick RF forward, step RF next to LF, step LF forward
5,6 Step RF forward, pivot ¼ turn L and touch LF next to RF (06:00)
7&8 Kick LF on L diagonal, step LF next to RF, cross RF over LF (06:00)

L rolling vine, R touch, ¼ R & R step, L hitch, L step, R hitch

1,2,3,4 ¼ L & step LF forward, ½ L & step RF back, ¼ L & step LF to L side, Touch RF next to LF
5,6 ¼ turn R & step RF forward, hitch & rondé LF from back toward
7,8 Step LF forward, hitch & rondé RF from back toward

TAG After wall 5 : R rocking chair (09:00)

1,2,3,4 Rock RF forward, recover back on LF, Rock RF back, recover back on LF

RESTART On wall 7, after 16 counts, restart (03 :00)

Recommencez au début et amusez-vous bien ...

Thank you
Stéphanie Massé