

# Red Body Balance

COPPER KNOB  
STEP SHEETS

拍數: 16      牆數: 4      級數: Absolute Beginner  
編舞者: Red Linda (KOR) - July 2024  
音樂: Fixing Me Breaking You - River Atley



Intro: 8 Counts, 1 Restart / 1Tag

\*Restart - Wall 4 8count (3:00) \*Tag - Wall 10 4count (12:00)

**SEC 1: Back Rock, Recover x2, Walk x2, Rock, Recover.**

1-4                Rf Back rock, recover weight on Lf, Rf Back rock, Close

**(back rock with your eyes and right arm facing 6:00)**

5-6                Rf Walk, Lf Walk

7-8                Rf Rock forward, recover weight on Lf

\*Restart 4wall, facing 3:00

**SEC 2: Side Rock, Recover x2, Close, 3/4 Walk Around.**

1-4                Rf Side rock, recover, Rf Side rock, Close Rf next to Lf

5-6                Turn 1/4 right step right forward(3:00), turn 1/4 right step left forward (6:00)

7-8                Turn 1/4 right step right forward(9:00), step left forward Close to Rf

**TAG : Fwd Rock, Recover, Side Rock, Recover. (12:00)**

1-2                Rf fwd rock, recover weight on Lf

3-4                Rf side rock, rocover weight on Lf

\*Ending : Wall 12(6:00) - SEC 2. count 5-8 1/2 Walk around(12:00)

\*For left and right body balance

It's a step sheet. Enjoy it safely

have fun!!

좌우 바디밸런스를 위한 스텝시트입니다. 안전하고 건강하게 즐기세요.

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Last Update: 6 Aug 2024