

Hang Tight Honey

拍數: 34
編舞者: Bobby Houle (CAN) - July 2024
音樂: Hang Tight Honey - Lainey Wilson

牆數: 4

級數: Easy Intermediate



[1-8] Heel, hook, heel, touch, step touch (R+L), right vine, twist

1&2& Right heel in front, right hook in front of LF, right heel in front, right touch next to left
3&4& RF to the right, LF touch next to RF, LF to left, RF touch next to LF
5&6& RF to right, LF cross behind RF, RF to the right, LF slightly in front next to RF
7&8& Twist heels to the left, twist heels to center (X2)

[9-16] Heel, hook, heel touch, step, touch (L+R), left vine ¼ turn L, brush, rocking chair

1&2& Left heel in front, left hook in front of RF, left heel in front, left touch next to right
3&4& LF to left, RF touch next to LF, RF to the right, LF touch next to RF
5&6& LF to left, right cross behind left, left forward, ¼ turn left, brush RF (9 o'clock)
7&8& Rock RF forward, return to LF in place, rock RF behind, return to LF in place

[17-24] Rock step, toe strut ½ turn R (X2), rock back, toe strut ½ turn L (X2), step, pivot ½ turn L, stomp (X2)

1&2& Rock RF forward, return to LF in place, toe strut ½ turn R, RF forward (3 o'clock)
3&4& Toe strut ½ turn R - LF behind, Rock Rf back, return to LF in place (9 o'clock)
5&6& Toe strut ½ turn L - RF behind, Toe strut ½ turn L - LF in front (9 o'clock)
7&8& RF forward, pivot ½ turn L, stomp RF forward, stomp LF forward (3 o'clock)

EASY OPTION: replace the 2 toe struts ½ turn with 2 toe struts moving backwards and the next 2 moving forward.

[25-34]: Toe touch forward (R+L), side toe touch (R+L), Monterey turn ½ turn R, step swivel (R+L)

1&2& R toe touch forward, return to RF, LF toe touch forward, return to LF
3&4& Right toe touch to R, return to RF, left toe touch to L, return to LF
5&6& Point R to right, ½ right turn on LF-RF next to LF, point LF to L, LF next to RF
7&8& RF to right, swivel L heel toe touch to RF
1&2& LF to left, swivel R heel toe touch to LF

RESTARTS

- *1st – You do 2 walls; you do the first 8 counts and start again (6 O'clock)
- *2nd - You redo 2 walls; you do the first 8 counts and start again (12 O'clock)
- *3rd – on the next wall you do the first 30 counts (until the Monterey turn and start again) (9 O'clock)
- *4th - on the next wall you do the first 16 counts and start again (9 O'clock)
- *5th – on the next wall you do the first 30 counts (until the Monterey turn and start again) (3 O'clock)

The dance ends on the Monterey ½ R on the 12 o'clock wall.