

Lonesome Charleston

拍數: 32 牆數: 4 級數: Beginner
編舞者: Linda Stewart (USA) - July 2024
音樂: Oh Lonesome Me - Don Gibson
或: Zat You, Santa Claus? - Garth Brooks



Section 1: DOUBLE CHARLSTON

1-2 Step R forward, sweep L toe around to touch front
3-4 Step L backward, sweep R toe around to touch back
5-6 Step R forward, sweep L toe around to touch front
7-8 Step L backward, sweep R toe around to touch back

Section 2: SIDE TOUCH SIDE SHUFFLE WITH ¼ TURN

1-2 Step R to right side, touch L next to R
3&4 Step R to right side, slide L next to R, step R to right side
5-6 Step L to left side, touch R next to L
7&8 Step L to left side, slide R next to L, step L to left side with ¼ Turn L

Section 3: FRONT/ BACK ROCK, SHUFFLE

1-2 R rock forward, L rock backward (weight changes)
3&4 R step backward, L slide to R, R step backward
5-6 L rock backward, R rock forward
7&8 L step forward, R slide to L, L step forward

Section 4 : DOUBLE ½ TURN, JAZZ BOX

1-2 Step R forward, make ½ pivot turn L
3-4 Step R forward, make ½ pivot turn L
5-6 Cross R over L, Step back L
7-8 Step R to right side, step L next to R

Repeat and have fun! No tag! No restart!

If you have any questions or comments, please feel free to contact Linda at shuanw@yahoo.com.