

Sometimes I Run

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Dwi Astutiningsih (INA) - July 2024
音樂: Sometimes - Britney Spears



Intro 16 Count

There is 1 Restart at Wall 8 after 28 count

SECTION 1. KICK BALL TOUCH, ANCHOR STEP, SAILOR STEP 1/4 L

- 1 & 2. RF Kick forward (1), RF next to LF (&), LF touch to side (2)
- 3 & 4 LF slightly behind (3), Recover onto RF (&), LF step Back (4)
- 5 & 6. RF slightly behind (5), Recover onto LF (&), RF step back (6)
- 7 & 8. LF slightly behind RF (7) RF next to LF (&), 1/4 L stepping on LF fwd facing 9.00(8)

SECTION 2 DOROTHY R/L, HEEL TOUCH, SCISSOR, 1/4 L step Back RF, 1/2 turn L step LF FWD

- 1 2 &. RF diagonal fwd (1) LF lock behind LF (2), RF diagonal Fwd (&)
- 3 4 & 5 LF diagonal fwd (3), RF lock behind LF (4), LF diagonal Fwd (&), RF Step heel touch diagonal fwd (5)
- & 6 7 8. RF next to LF (&), LF cross over RF (6), 1/4 turn L stepping back on RF facing 6.00 (7), 1/2 turn L stepping LF fwd facing 12.00(8)

SECTION 3 SIDE, TOUCH BEHIND, SIDE, TOUCH BEHIND, BOX STEP

- 1 2 3 4. RF to side (1), LF touch behind RF (2), LF Step to side (3), RF touch behind LF (4)
- 5 6 7 8 RF to side (5), 1/4 turn L stepping LF to side facing 9.00 (6), 1/4 turn L stepping RF to side facing 6.00 (7), 1/4 turn L stepping on LF to side facing 3.00(8)

SECTION 4. MAMBO, COASTER STEP, HEEL SWITCH, SLIDE, TOGETHER

- 1 & 2. RF step Forward (1), Recover onto LF (&), RF step Back (2)
- 3 & 4. LF Step Back (3), RF step next to LF (&), LF step Fwd (4)

Restart Here at Wall 8

- 5 & 6 &. RF heel touch fwd (5), RF next to LF (&), LF heel touch fwd (6), LF next to RF (&)
- 7 8. RF slide to Side (7), LF next to RF (8)

Hope you all enjoy the dance

For all Liners thanks for all your support for me, really appreciate

Contact person: sugengajah36@gmail.com

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