Black Beauty

拍數: 32

級數: Beginner

編舞者: Charlotte Steele (SA) - July 2024

音樂: African Baby - Goombay Dance Band

Intro: 16 counts from start of music. No Tags or Restarts.

Sec.1 R Heel Taps/Digs x2. R Coaster Step. L Heel Taps/Digs x2. L Coaster Step.

- 1-2 Tap/dig R heel forward twice
- 3&4 Step R back, step L next to R, step R forward (weight on R)
- 5-6 Tap/dig L heel forward twice
- 7&8 Step L back, step R next to L, step L forward (weight on L) (12:00)

Sec.2 Step-Turn 1/4 Left. Cross Shuffle RLR. Step-Turn 1/2 Right. Shuffle Forward LRL.

- 1-2 Step R forward, turn 1/4 left on ball of both feet (weight ends on L) (9:00)
- 3&4 Cross R over L, small step L to left side, cross R over L (weight ends on R)
- 5-6 Step L forward, turn ¹/₂ right on ball of both feet (weight ends on R) (3:00)
- 7&8 Step L forward, step R next to L, step L forward (weight ends on L)

Sec.3 Walk Forward R-L. R Mambo Forward. Walk Back L-R. L Mambo Back.

- 1-2 Step forward on R, step forward on L (weight on L)
- 3&4 Step/rock forward on R, recover back onto L, step R slightly back
- 5-6 Step back on L, step back on R (weight on R)
- 7&8 Step/rock back on L, recover forward onto R, step L slightly forward (3:00)

Sec.4 Rocking Chair. Jazz Box.

- Rock forward on R, recover back onto L 1-2
- 3-4 Rock back on R, recover forward onto L
- 5-6 Cross R over L, step L back
- 7-8 Step R to right side, step L forward (weight onto L) (3:00)

Start Again

Contact: steelecharlotte2013@gmail.com

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牆數:4