

# Whiter Shade Of Pale!

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Lu Olsen (AUS) & Stephen Paterson (AUS) - July 2024  
音樂: Whiter Shade of Pale - Michael Bolton



Start dance after 32 count instrumental intro (approx. 30 sec)

**[1 - 8&] Rock R Forward, Recover, Half, Quarter Side, Behind, Side, Cross, Sweep Cross, Side, Behind, Eighth Forward, Step, Half Pivot**

- 1 2 &      Rock step R forward, recover back onto L in place, turn ½ right then step R forward (&)  
3 4 &      Turn ¼ right then step L out to side, step R behind L, Step L out to side (&) (9.00)  
5 6 &      Step R across L, sweep step L across R, step R out to side (&)  
7 &      Step L behind R, turn 1/8 right then step R forward (&) (10.30)  
8 &      Step L forward, pivot ½ right taking weight onto R in place (&) (4.30)

**[9 - 16 &] L Forward, Cross Samba, Cross, Eighth Back R, Rock L Back, Recover, Quarter Side, Back, Lock, Back, Half**

- 1 2 & 3      Step L forward, step R across L, rock step L out to side (&), recover weight onto right in place (right cross samba)  
4 &      Step L across right, turn 1/8 left then step R back (3.00)  
5 6 &      Rock step L back, recover forward onto R in place, turn ¼ right then step L out to side (&) (6.00)  
7 & 8 &      Step R back, lock step L over R (&), step R back, turn ½ left then step L forward (&) (12.00)

**[17 - 24&] Quarter Side, Rock L Back, Recover, Side, Behind, Quarter Forward, Full Turn, Forward, Rock L Forward, Recover, Quarter Diagonal, Touch**

- 1 2 &      Turn ¼ left then step R out to side, rock step L slightly behind R, recover onto R in place (&) (R nightclub basic) (9.00)  
3 4 &      Step L out to side, step R behind L, turn ¼ left then step L forward (&) (6.00)  
5 6      Turn ½ left then step R back, turn ½ left then step L forward (full rolling turn forward)  
& 7 &      Step R forward (&), rock step L forward, recover weight back onto R in place (&)  
8 &      Turn ¼ left then step L towards L45, touch R beside L (&) (3.00) (body is facing 3.00)

**[25 - 32&] Right Diagonal Forward, Lock, Forward, Rock L Forward, Recover Left Diagonal Back, Lock, Back, Half Forward, Step, Half Pivot, Forward**

- 1 2 &      Step R forward into R45, lock L behind R, step R forward into R45 (&)  
3 4      Rock step L forward and slightly across R, recover back onto R in place  
5 6 &      Step L back into L45, lock R across L, step L back into L45 (&)  
(counts 1 – 6 &, your body will be facing 3.00, you are only travelling on the 45 diagonal)  
7 &      Turn ½ right then step R forward, step L forward (&), (9.00)  
8 &      Pivot ½ right taking weight onto R in place, step L forward (&) (3.00)

**TAG: At the end of wall 6, facing the back wall, repeat counts 25-32& as your 8 ½ count tag, Start the dance again facing 6.00**

**Ending: On wall 9, you'll be starting to the front, dance up to count 23 &, then turn ½ turn left and step L forward (8), step R forward (&), step L forward (1)**

This is an original dance sheet, feel free to copy without change for distribution

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