Arti Rindu

拍數: 36

級數: High Improver

編舞者: Syafri's Fitri (INA) - July 2024

音樂: Erti Rindu - Vanessa Reynauld

No Tag. - No Restart

I. LUNGE FWD - HITCH - BACK (SWEEP) - ROCK CROSS BEHIND - DIAGONAL LOCK SHUFFLE R/L

- 1 2 3 Step Lunge RF forward, Hitch LF next to RF, step LF back (Sweep RF front to back)
- 4& Rock RF behind LF, recover onto LF
- 5&6 Cross RF over LF, lock LF behind RF, cross RF over LF
- 7&8. Cross LF over RF, lock LF behind RF, cross LF over RF

II. 1/2 TURN WALK RLR - SHUFFLEE LOCK FWD - (ROCK CROSS BEHIND - DIAGONAL FWD) RL

- 1&2 Turn 1/2 L walking RF, LF, RF
- 3&4. Step LF forward, Lock RF behind LF, step LF forward
- 5&6. Rock RF back diagonal, recover onto LF, cross RF over LF
- 7&8. Rock LF back diagonal, recover onto RF, cross LF over RF

III. NIGHT CLUB - 1/4 TURN - 3/4 TURN - 1/2 DIAMOND

- 1 2& Step RF to R, cross LF slightly behind RF, cross RF over LF
- 3 4& Turn 1/4 L stepping LF forward, Turn 3/4 L croshing RF over LF (weight on RF), step LF inplace
- 5 6& Step RF to R, Turn 1/8 L stepping LF back, step RF back
- 7 8& Turn 1/8 L stepping LF to L, turn 1/8 L stepping RF forward, step LF forward

IV. 1/2 DIAMOND - SIDE - CHECK RL

- 1 2& Step RF to R,Turn 1/8 L stepping LF back, step RF back
- 3 4& Turn 1/8 L stepping LF to L, turn 1/8 L stepping RF forward, step LF forward
- 5 6& Step RF to R, cross rock LF over LF, recover onto RF
- 7 8& Step LF to L, cross rock RF over LF, recover onto LF

V. SIDE - FULL TURN TRIPLE STEP -

SWAY RL

- 1 Step RF to R
- 2&3 Full turn R triple step LF, RF, LF
- 4& Sway to R, L

syafrinurasfitri@gmail.com





牆數:

牆數:2