

My Heart Beats for You

COPPER KNOB
BY STEPHEN

拍數: 16 牆數: 4 級數: Improver
編舞者: Dirk Leibing (DE) - July 2024
音樂: Mein Herz schlägt für dich - Vera Klima



No Tag, No Restart

Für Anja und Henry

(I) Prissy Walk(3x), Side Rock, Cross Rock, Recover, Rock Back, Turn 5/8 left

1-2-3 Step RF in front of LF(1), Step LF in front of RF(2), Step RF in front of LF(3)
4&5 Rock LF left(4), Recover on RF(&), Cross LF in front of RF(5)(direction 01:30)
6&7 Recover on RF(6), Close LF next to RF(&), Rock RF back(7)
8& Recover on LF(8), Turn 5/8 left on LF(&)(6:00)

(II) NC2Step Basic left, Turn ¼ right, Cross, Side Behind, Behind, Side, Rock, Turn ½ right , Step fwd.

1-2& Step LF left(1), Step RF behind LF(3rd pos.)(2), Cross LF in front of RF(&)
3 Turn ¼ right stepping RF forward, sweeping LF from back to front(3)(9:00)
4&5 Cross LF in front of RF(4), Step RF right(&), Step LF behind RF sweeping RF from front to back(5)
6& Step RF behind LF(6), Step LF left(&)
7& Rock RF forward(7), Recover on LF(&)
8& Turn ½ right stepping RF forward(3:00)(8), Step LF forward(&)

Have Fun

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